

## SAMPLE: FIRST FOUR CADETTE/SENIOR/AMBASSAOR GIRL SCOUT MEETINGS

### Objective

The goal of your first four Cadette/Senior/Ambassador meetings is to renew old friendships and establish new friendships. It should also be your goal to instill leadership skills in these young women. They will use their newfound leadership skills to plan their troop year as well as their investiture and rededication ceremony.

### Introduction

What follows are basic outlines for your first four Cadette/Senior/Ambassador Girl Scout meetings. They are designed to help you get started, and can be changed or modified to fit the needs and interests of the girls.

### Resources

Suggestions include but are not limited to the following:

- Cadettes
  - *aMAZE: The Twists and Turns of Getting Along* Journey Book
  - GSUSA's Journey 1 Girl Scout Cadette Page  
[http://www.girlscouts.org/program/journeys/your\\_world/cadette.asp](http://www.girlscouts.org/program/journeys/your_world/cadette.asp)
  - Cadette Facilitator Set
- Seniors
  - *GIRLtopia* Journey Book
  - GSUSA's Journey 1 Girl Scout Senior Page  
[http://www.girlscouts.org/program/journeys/your\\_world/senior.asp](http://www.girlscouts.org/program/journeys/your_world/senior.asp)
  - Senior Facilitator Guide
- Ambassadors
  - *Your Voice, Your World: The Power of Advocacy* Journey Book (Ambassador)
  - GSUSA's Journey 1 Girl Scout Ambassador Page  
[http://www.girlscouts.org/program/journeys/your\\_world/ambassador.asp](http://www.girlscouts.org/program/journeys/your_world/ambassador.asp)
  - Ambassador Facilitator Guide
- The girls
- Your ideas
- Other adults in your troop
- The internet

### Helpful Hints

- Keep track of girls' comments and ideas from throughout the meetings – they have good ideas!
- Work with the adults in your troop; get them involved.
- Let the girls take the lead as much as it is appropriate.

## MEETING ONE

**Theme:** Getting Started

### START-UP ACTIVITY

#### Intro Bingo

##### Materials

- An INTRO sheet for each girl (see template)
- Pens or pencils
- Small prizes

##### Instructions

- As the girls arrive, give them an INTRO sheet and a pen or pencil
- The girls should talk and get to know each other and ask questions based on the squares on the INTRO sheet
- For each square, they should collect other girls' signatures (if there are fewer girls than squares, it's okay to have some girls sign twice)
- After everyone has arrived and everyone's INTRO sheets, transition to the next phase:
  - Go around the room and have each girl introduce herself
  - As each girl introduces herself, have the girls mark the place on their INTRO sheets where that girl signed
  - The first girl to get "INTRO" (like in BINGO) wins!

### OPENING

As a group, decide upon an appropriate opening for the meetings. Whatever you decided should be able to carry you through the year. (They can even decide to do something different each meeting). Girls should lead the Opening Ceremony.

### BUSINESS

#### Troop Government

Discuss the practicality of different forms of troop government. (Use some of the resources listed earlier for reference). The girls should choose the system that will work for their troop. If the troop decides on a system with positions/officers (i.e. Treasurer, Record Keeper, etc), define the positions' responsibilities, and if appropriate, elect troop officers.

### ACTIVITIES

#### Cleaning Out the Attic

##### Materials

- One very large piece of paper/poster board – draw a house with twelve rooms and an attic. Label each "room" with the months of the year. (see template)
- Sticky Notes (1 pad for each girl)
- Pens or pencils
- Journey Books and other resources

##### Instructions

- Give each girl a pad of sticky notes and let them look through the books and resources you have provided. They should think about the activities they would like to do throughout the year.

- The girls should write their ideas on sticky notes (one idea per note) and place it in “the attic.”
- As a troop, discuss the ideas and sort them into “rooms” based on the most practical month of the year to do the activity. As you decide, move the sticky notes from the attic to the rooms.
- After all the ideas have been placed, ask each girl to choose an activity or two to research. In time for the next meeting, they should research what the activities entail – cost, time, location, needs, etc.

### **Journey Awards**

The Cadette, Senior, and Ambassador Journey Books include award systems. Start working on the first award appropriate for your troop, so that they may (hopefully) be able to receive a fully-earned recognition at the Investiture and Rededication Ceremony.

### **CLEAN-UP**

Discuss the Kaper Chart and what jobs it should include. Elect a girl or group of girls to create the Kaper Chart in time to use at the next meeting.

### **CLOSING**

As a group, decide upon an appropriate closing for the meetings. Whatever you decided should be able to carry you through the year. (They can even decide to do something different each meeting). Girls should lead the Closing Ceremony.

**INTRO BINGO TEMPLATE**

<b>I</b>	<b>N</b>	<b>T</b>	<b>R</b>	<b>O</b>
Has a brother	Has braces	Likes to dance	Has a pet that's not a cat or dog	Recycles
Wears glasses	Has a sister	Enjoys camping	Likes to cook	Likes to sing
Love ice cream	Enjoys reading	<b>FREE!</b>	Conserves energy and/or water	Has a dog
Like to swim	Wants to earn her Gold Award	Likes to write	Has a cat	Wants to go to college
Plays a sport	Volunteers or does community service	Is afraid of bugs	Likes to shop	Likes vegetables

### Cleaning Out the Attic Template

January	February	March	April
May	June	July	August
September	October	November	December

## MEETING TWO

**Theme:** Getting Down to Business

### START-UP ACTIVITY

#### Girl Scout History Quiz

Materials

- Copies of Girl Scout History Quiz (see attached)
- Resources related to Girl Scout history (articles from internet, books from council/library, etc)
- Pens or pencils

Instructions

- As girls arrive, give each of them a quiz and access to the resources you brought
- Have them work on the quiz (they can work with friends too)
- When all the girls have arrived and the quizzes are completed, discuss the answers

Answers

1, B; 2, A; 3, B; 4, C; 5, A; 6, C; 7, A; 8, B; 9, A; 10, A; 11, C; 12, B; 13, A; 14, C; 15, B; 16, A

Elect girls to choose and lead a Start-Up Activity for the next meeting.

### OPENING

Open the meeting based on last meeting's decision.

### BUSINESS

#### Troop Budget

- Girls report on the cost of the activities they researched. Enter the figures into a tentative troop budget, which also includes the cost of recognitions, supplies, service unit or council events or programs, and cushion for unexpected expenses.
- Discuss potential sources of troop income – fall product sale, cookie sale, troop dues, etc. Estimate potential income.
- Determine an appropriate amount for Troop Dues and how it should be collected.

### ACTIVITIES

#### What Comes Next?

Using the poster from “Clean Out the Attic,” vote on an activity for the current month. Ask for a committee of girls to start planning the activity. (If necessary, the leaders can help). During the course of the year, be sure that every girl has a chance to be on an activity leadership committee.

#### Journey Activity

Please see the appropriate Journey Book for specific activities.

### CLEAN-UP

Use the Kaper Chart to clean up.

### CLOSING

Close the meeting based on last meeting's decision.

## Girl Scout History Quiz

1. Juliette Gordon Low (JGL) first learned about a program just for girls in:
  - A. Scotland
  - B. England
  - C. Ireland
2. JGL sold these to raise money to start the first troop:
  - A. Her pearls
  - B. Her paintings
  - C. Her needlework
3. The first organization started by JGL was called:
  - A. Girl Scouts
  - B. Girl Guides
  - C. Scouting
4. The first Girl Scout was:
  - A. Juliette's best friend's daughter, Betsy Pape
  - B. Juliette's cousin, Judith Low
  - C. Juliette's niece, Daisy Gordon
5. The first national office of the Girl Scouts was located in:
  - A. Washington, D.C.
  - B. Savannah, GA
  - C. New York City
6. The first uniforms for girls were:
  - A. Green
  - B. Khaki
  - C. Blue
7. To play basketball outside, Girl Scouts had to:
  - A. Draw curtains around the court so the public couldn't see their bloomers
  - B. Make their own court so that wouldn't be in the boys' way
  - C. Get permission from the city to play in public
8. Adults in charge of the first Girl Scout troops were called:
  - A. Leaders
  - B. Captains
  - C. Commissioners
9. The first handbook was called:
  - A. *How Girls Can Help Their Country*
  - B. *Girl Scout Handbook*
  - C. *Worlds to Explore*
10. The first Brownie Girl Scout were ages:
  - A. 7 – 9
  - B. 6 – 9
  - C. 6 – 10
11. A special interest group created in 1934 for girls who sailed boats was called:
  - A. Sea Scouts
  - B. Mermaids
  - C. Mariners
12. The first commercially-made Girl Scout cookies were sold in:
  - A. Savannah, GA
  - B. Philadelphia, PA
  - C. New York City
13. In 1919, girls 18 years and older were known as:
  - A. Citizen Scouts
  - B. Senior Scouts
  - C. Older Scouts
14. The only U.S. First Lady to *also* be the official president of Girl Scouts was:
  - A. Eleanor Roosevelt
  - B. Bess Truman
  - C. Lou Henry Hoover
15. GSUSA made the first motion picture produced by a public service organization, which was originally called:
  - A. *Follow Me Girls*
  - B. *The Golden Eaglet*
  - C. *The Little Sisters of Uncle Sam*
16. One requirement to earn the Girl Scout War Service Award in 1918 was to:
  - A. Knit 2 pounds of wool for the Red Cross
  - B. Roll bandages
  - C. Practice air raid drills with younger girls

## MEETING THREE

**Theme:** Being Girl Scouts

### START-UP ACTIVITY

Elected girls lead activity. Elect girls to choose and lead a Start-Up Activity for the next meeting.

### OPENING

Open the meeting as usual.

### BUSINESS

Take attendance and collect dues.

### Investiture and Rededication Ceremony

It is time to start thinking about this ceremony. Explain to the girls what it is and what it involves.

- Decide on decorations (you should make them at the next meeting)
- Discuss who to invite and what the invitations should include; also decide HOW to invite people
- Brainstorm about songs, games, activities, or poems to include

### ACTIVITIES

Keep working on the activity you all voted on during the last meeting.

### Journey Activity

Please see the appropriate Journey Book for specific activities.

### CLEAN-UP

Use the Kaper Chart to clean up.

### CLOSING

Close the meeting as usual.

## MEETING FOUR

**Theme:** Getting Ready for the Investiture and Rededication Ceremony

### START-UP ACTIVITY

Elected girls lead activity. Elect girls to choose and lead a Start-Up Activity for the next meeting.

### OPENING

Open the meeting as usual.

### BUSINESS

#### Planning the Investiture and Rededication Ceremony

Explain that you'll use this meeting to get ready for the investiture and rededication ceremony. Choose songs, poems, or other activities to use at the ceremony. Choose a snack to serve at the ceremony. Simple refreshments should be served at the ceremony's end. Teach the girls that they will serve their guests before they serve themselves.

- Explain what will happen at the ceremony.
  - Flag Ceremony with Pledge of Allegiance and Girl Scout Promise
  - Sing song(s) and/or read/recite Junior poem(s)
  - Recognition
    - Leader explains to guests that the girls have been learning about the Girl Scout Promise and Law, and explains the earned recognition
    - Leader presents each girl with her first recognition, The Power of One Award
  - Investiture and Rededication
    - New Girl Scouts will receive their Girl Scout pin; Girl Scout handshake
    - Returning Girl Scouts will receive their (optional) rededication patch; Girl Scout handshake
  - Refreshments
  - Clean-Up
  - Closing Activity; invite guests to join

#### Practice the Ceremony

Do a quick "dry run" of the ceremony, so that everyone is familiar with how the ceremony will work.

### ACTIVITIES

#### Invitations and Decorations

Make these for the Ceremony.

#### Journey Activity

Please see the appropriate Journey Book for specific activities.

### CLEAN-UP

Use the Kaper Chart to clean up.

### CLOSING

Close the meeting as usual.