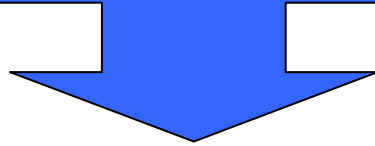
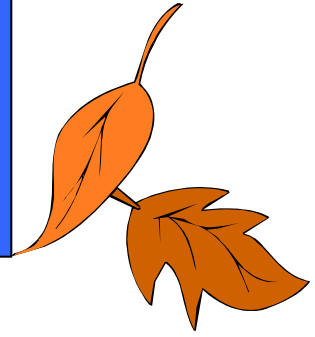
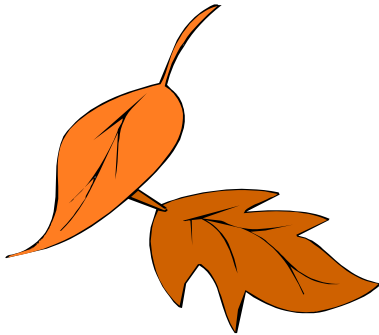




ATTENTION
ALL REGISTERED
ADULTS!!



Girl Scouts in the Heart of Pennsylvania



Adult

CHECK IT OUT...

Training Workshops/

Fun Workshops/

Open Time/

Chat Session



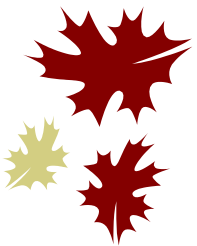
Volunteer Weekend

When:

September 24 – 26, 2010

Where:

Camp Furnace Hills



Girl Scouts in the Heart of Pennsylvania

ADULT VOLUNTEER WEEKEND

When: Friday, September 24th thru Sunday, September 26th, 2010

Where: Camp Furnace Hills, 1610 Girl Scout Road, Denver, PA

Camp Furnace Hills is located in northeastern Lancaster County. The 19th century bank house located on the premises is home to the Foxfire Program. The bank house is on the National Registry of Historic Places. Accommodations range from the modern Foxfire Program Center to rustic cabins and tents. Outdoor cooking facilities are available at all sites. Camp Furnace Hills is fully accredited by the American Camping Association.

Who Can Attend: The Adult Volunteer Weekend is open to ALL registered adults. (No tag-a-longs, only registered adults). This is a great weekend if you need to get some of your training; learn about Camp Furnace Hills; take workshops on different things you can do with your troop; visit with other adult Girl Scouts and get ideas on what they do with their girls or just relax.

Cost: \$25.00 for the weekend ---- \$15.00 Saturday only
Additional fees for some of the workshops. Non-refundable.
Weekend fee may be covered by troop funds.

***Make Checks Payable: GSHPA – Service Unit – Lebanon Area

***Send registration and payment to:

Crystal Christ
224 W. Sheridan Avenue
Annville, PA 17003

***Confirmations will be sent out 2 weeks prior to Volunteer Weekend

Additional Workshop Costs:

***First Aid Workshop -- \$40.00

***Create A Fall Wreath -- \$15.00

***Fun with Food -- \$5.00

***Letterboxing -- \$5.00

Registration Deadline: Friday, September 10th, 2010

Early Bird Registration -- 10% off the \$25.00 and entered in a special drawing for registering early.
Early registration deadline July 10, 2010.

Any Questions Contact:

***Crystal Christ (717-867-4889) e-mail crissychrist@aol.com

or

***Cynthia Levengood (1-800-692-7816 ext. 1041) e-mail clevengood@gshpa.org

or

***Barb Showers (717-865-4120) e-mail barbsh@comcast.net

Please Note: If you would like to come for the day on Saturday to do the Learning Facilitation Classes or Fun Workshops you can attend for \$15.00 (\$15. is for the meals for the day). If there is a cost for the Learning Facilitation Courses or the Fun Workshops you are taking that cost is extra.

Example: If you are coming for Saturday to do the First Aid and CPR Class the cost is \$40.00. You would pay the \$40.00 for the Class and \$15.00 for your meals = \$55.00. If you would like to attend on Saturday for the Learning Facilitation Classes or Fun Workshops without meals you can attend and pay only the cost of the Course or Workshop.

ADULT VOLUNTEER WEEKEND REGISTRATION

Name _____ Phone No. _____

Address _____ E-mail _____

 City State Zip Code

Service Unit You Are From _____

I am staying for the whole weekend..

____ Yes

____ No (Please list when arriving and leaving) _____

Special Needs for Meals or Food Allergies _____

Special Needs for Unit Placement _____

Send Registration & Workshop Choices To:

Crystal Christ
224 W. Sheridan Avenue
Annville, PA 17003

Workshop Choices

<i>Workshop</i>	<i>1st choice</i>	<i>2nd choice</i>	<i>3rd choice</i>	<i>4th choice</i>
Friday evening		X	X	X
Saturday morning				
Saturday afternoon				
Sunday afternoon		X	X	X

If the minimum number of participants is not reached, the workshop will be cancelled. You must attend all workshops to which you are assigned.

Payment Enclosed	
Weekend/Day Fee	\$ _____
Workshop Fees	_____
Total Amount	\$ _____
Check No. _____	

EMERGENCY CONTACT

In case of emergency, the following person, NOT AT THE EVENT, is authorized to act in my behalf.

Name

Relationship

Area Code & Phone Number

Street Address

City State Zip Code

Read Carefully

____ Yes, Girl Scouts in the Heart of PA has my permission to use photos or video images taken at the Adult Volunteer Weekend in Girl Scout publications, newspapers, electronic media, or video programs.

____ No, _____

X _____
Signature

WORKSHOP DESCRIPTIONS

Friday--

1F -- Welcome to Girl Scouting (Part 1 & 2) -- Introduces volunteers to the Girl Scout Movement, Girl Scouts in the Heart of Pennsylvania, and their local Girl Scout Service Unit. (Friday night--only)
(Prerequisite – none)

Saturday--

2SAM -- First Aid & CPR -- (8:30 am-12:30 pm) A Girl Scout First-aider is an adult who has taken and is current in Girl Scout council-approved first-aid and CPR training. Both certifications must be current for the adult to serve as the first-aider for the troop/group. A first-aider is required to attend troop/group meetings that happen away from the meeting place or for any troop/group trips or camping trips. (min. 6; max. 12) (cost \$40.00)

3SAM -- Grab 'n' Go -- (9:00-10:30 am) Looking for a convenient, self-contained program for your next meeting? Try one of the Grab 'n' Go Resources from the Girl Scouts in the Heart of Pennsylvania. These easy-to-use programs contain ideas and resources that complement a variety of Girl Scout age-level awards. From babysitting to business, shaping up to kicking butts, the Grab 'n' Go Resources are a great way to help your girls to Discover, Connect and Take Action! Learn about the different Grab 'n' Go Kits and how to reserve one or more than one.

4SAM -- No Sew Fleece Blanket or Pillow -- (9:00-10:30 am) Learn how to make a fleece blanket or pillow without having to use a sewing machine. This is great for ALL age levels! You should bring a scissors and for a blanket 2 yards each print and plain fleece material (size for teen or adult) or for a pillow bring two 3/4 yard pieces of coordinating fleece (enough to make 2 pillows) and two 14-inch pillow forms.

5SAM -- Ready, Set, Go! -- (9:00-11:00 am) Going on an overnight Girl Scout trip with Girl Scouts? Then this course is what you are looking for. This course is required for at least one of the adults planning and attending a travel trip that is one night or longer. This includes simple overnights at a community facility, a hotel or a campsite. This course will introduce travel guidelines and procedures, progression in traveling, planning, safety, budgeting and basic overnight skills for overnight camping at a modern facility. This course does not certify you to light a fire or camp in a tent.
(Prerequisite – none)

6SAM -- Fun With Food -- (9:00-11:00 am) Learn to create edible decorations and prepare simple snack foods for any occasion. You will receive instructions as well as recipes that you will be able to take back and make for your meetings or special events. Something for Daisy's through Ambassador's! (min. 6; max. 12)(cost \$5.00)

7SAM -- Fire Building 101 -- (9:00-11:00 am) Are you preparing to embark on a camping experience at a modern camping facility? Do the girls in your group wish to build a campfire to roast hotdogs and marshmallows or to just sit around and enjoy nature at night? This course will teach basic fire building and safety. Also, learn about fuels, fire starters, three types of fires, one simple cooking skill and how to extinguish a fire properly. **(Prerequisite – Ready, Set, Go!)**

8SAM -- Camp Tour -- (9:00-12 noon) Take a tour of Camp Furnace Hills and surrounding points of interest. If you are new to Camp Furnace Hills, learn about the different units and what they have to offer. Even if you have camped here before, there may be some new activities or stories for you to discover. The hike will include an option to visit the Fairy Stone. The hike to the Fairy Stone requires an uphill trek with proper footwear.

9SAM -- Letterboxing -- (9:00-12 noon) If you like hiking, puzzles, treasure hunts, Letterboxing is an activity for you! The basic idea is simple. Clues will lead the person who correctly follows them to the secret location of a "letterbox." The letterbox contains a unique rubber stamp and a logbook. The searcher carries a personal rubber stamp and logbook. When the letterbox is found, its finder stamps the box's logbook with his or her personal stamp and stamps their personal logbook with the stamp in the letterbox. The letterbox is then secreted away again to wait for someone else to find it. This workshop will start with a quick look at the origin of letterboxing, then go into making a personal log book and a stamp. A special series of letterboxes will be hidden at camp for this weekend and the workshop will conclude with everyone going out to look for those boxes. (cost \$5.00-to cover cost of supplies for making your stamp and logbook). Special Note: If you already are a letterboxer, the clues will be available to you after the workshop so you can find this special series and add them to your log.

10SAM -- Create A Fall Wreath -- (11:00-12 noon) Create a Grapevine Wreath with fall flowers and fall picks. Ribbon will be available if you would like a bow. (cost \$15.00)

11SPM -- Leadership Essentials -- (1:30-3:30 pm) This course will help volunteers effectively facilitate the Girl Scout Leadership Experience for girls. Participants will establish for themselves a Girl Scouting foundation, as well as reflect on their own personal leadership. Included in this course is an opportunity to explore grade-level Journey Books and Guides for leaders, as well as other program resources. Also covered will be progression/differentiation, ensuring program outcomes, challenges and awards. (**Prerequisite** – Welcome to Girl Scouting Orientation (Parts 1 and 2))

12SPM -- Fire Building 101 -- (if needed)(same as 7SAM)(1:30-3:30 pm) Are you preparing to embark on a camping experience at a modern camping facility? Do the girls in your group wish to build a campfire to roast hotdogs and marshmallows or to just sit around and enjoy nature at night? This course will teach basic fire building and safety. Also, learn about fuels, fire starters, three types of fires, one simple cooking skills and how to extinguish a fire properly. (**Prerequisite** – Ready, Set, Go!)

13SPM -- First Aid & CPR -- (if needed)(same as 2SAM)(1:30-5:30 pm) A Girl Scout First-aider is an adult who has taken and is current in Girl Scout council-approved first-aid and CPR training. Both certifications must be current for the adult to serve as the first-aider for the troop/group. A first-aider is required to attend troop/group meetings that happen away from the meeting place or for any troop/group trips or camping trips. (min. 6; max. 12) (cost \$40.00)

14SPM -- No Sew Fleece Blanket or Pillow -- (same as 4SAM)(1:45-2:45 pm) Learn how to make a fleece blanket or pillow without having to use a sewing machine. This is great for ALL age levels! You should bring a scissors and for a blanket 2 yards each print and plain fleece material (size for teen or adult) or for a pillow bring two 3/4 yard pieces of coordinating fleece (enough to make 2 pillows) and two 14-inch pillow forms.

15SPM -- Fun With Food -- (same as 6SAM)(3:00-5:00 pm) Learn to create edible decorations and prepare simple snack foods for any occasion. You will receive instructions as well as recipes that you will be able to take back and make for your meetings or special events. Something for Daisy's through Ambassador's! (min. 6; max. 12)(cost \$5.00)

16SPM -- Camp Cooking -- (3:00-5:00 pm) There are more ways to cook at camp than on a stove or campfire. Refresh your camp cooking skills or learn new ones. We will show you how to use the Dutch Oven; cook with a Buddy Burner and Box Oven. Learn to make your own Buddy Burner and Box Oven. **Please Note: This does not fulfill requirements to do this cooking with the girls if you have not taken the Basic Outdoor Skills Course. It also does not count as Fire Building 101.**

17SPM -- Create a Fall Wreath -- (same as 10SAM)(4:30-5:30 pm) Create a Grapevine Wreath with fall flowers and fall picks. Ribbon will be available if you would like a bow. (cost \$15.00)

Sunday--

18SUN -- Foxfire Open House -- (2:30-4:30 pm) -- Step back in time as you try period crafts, observe various artisans and learn the history of Foxfire House. See the girls in their period clothing, watch the recently produced DVD and listen to the music as you tour the house, stables, squirrel tail oven and out buildings. At the Program Center more crafts and spinning and weaving will be available. You'll have a chance to see what troops do on their Live-in Experience. Don't miss this wonderful annual event!!

AVAILABLE ALL WEEKEND -- (no pre-sign up necessary)

****Swaps --** See a great selection of different swap ideas that you can make with your troop to take along to swap with other girls at events and get a chance to make some swaps to take home with you to show your girls.

****Ceramics --** Enjoy painting ceramics. Both simple and more involved items will be available. This is an activity all age levels would enjoy as a special troop activity. (donation)

****Hodge Podge of Crafts & More** will also be available. Come and be surprised! (donation)

****Free Time --** Just relax! Read a book! Visit with friends! Catch up on a craft project you've been wanting to work on! Whatever you would like to do!

Camp Menu for the Weekend:

***Friday evening...**

Hamburg BBQ sandwich; bologna & cheese tray; chips & pretzels; veggie tray; apple cider; mini apple dumplings; drink



***Saturday...**

Breakfast...Baked oatmeal; pancakes; scrambled eggs or honkey eggs; fruit; sticky buns & donuts; coffee/tea/hot chocolate; juice

Lunch...Vegetable soup; hot dogs; macaroni and potato salad; jell-o; veggie tray; drink

Supper...Chicken parmesan; pasta with or without sauce; green beans; corn; bread; applesauce; dessert; drink

Evening Snack...camp desserts -- Éclairs; mock angel food; s'mores

***Sunday...**

Breakfast...Baked Oatmeal; french toast sticks; scrambled eggs or honkey eggs; fruit; sticky buns & donuts; coffee/tea/hot chocolate; juice

Lunch...(for those attending Foxfire Open House)

Throughout the weekend we will also have bottled sodas and bottled water and a few various snack items for sale at a reasonable cost.