

# GET OUTDOORS CHALLENGE

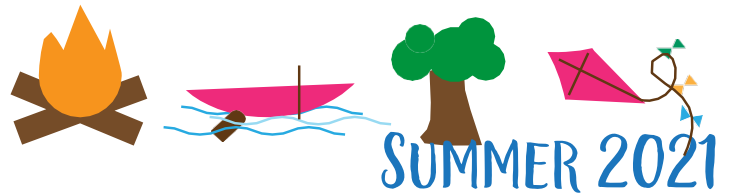
## Challenge Activities

<input type="checkbox"/> Identify 5 animal tracks	<input type="checkbox"/> Have an outdoor movie night	<input type="checkbox"/> Visit a National Forest
<input type="checkbox"/> Make your own bird house or feeder	<input type="checkbox"/> Learn about and go for a trail run	<input type="checkbox"/> Go fishing
<input type="checkbox"/> Try geocaching	<input type="checkbox"/> Skip stones	<input type="checkbox"/> Learn 5 new knots
<input type="checkbox"/> Learn about macroinvertebrates and try to find one	<input type="checkbox"/> Identify 10 flowers in your neighborhood or local park	<input type="checkbox"/> Participate in GSHPA Summer Camp (virtual or in-person)
<input type="checkbox"/> Visit a waterfall	<input type="checkbox"/> Learn a new sport	<input type="checkbox"/> Take 5 nature photos
<input type="checkbox"/> Watch fireflies at night	<input type="checkbox"/> Try a new water experiment	<input type="checkbox"/> Trace shadows with chalk
<input type="checkbox"/> Play disc golf	<input type="checkbox"/> Draw/paint a natural scene	<input type="checkbox"/> Visit a swimming pool
<input type="checkbox"/> Try kayaking, canoeing, or paddle boarding	<input type="checkbox"/> Collect data for a citizen science project on SciStarter.com	<input type="checkbox"/> Help a family member or friend with an outdoor chore
<input type="checkbox"/> Go on a sunrise hike	<input type="checkbox"/> Try slacklining	<input type="checkbox"/> Build and put up a bat house
<input type="checkbox"/> Teach a friend a Girl Scout song	<input type="checkbox"/> Go backpacking	<input type="checkbox"/> Start a nature journal
<input type="checkbox"/> Go horseback riding	<input type="checkbox"/> Learn to cartwheel	<input type="checkbox"/> Identify 5 constellations
<input type="checkbox"/> Participate in a GSHPA summer event (virtual or in-person)	<input type="checkbox"/> Volunteer at your local park to help with trail maintenance	<input type="checkbox"/> Count how many birds you can find in 1 day
<input type="checkbox"/> Visit a National Park	<input type="checkbox"/> Cook over a campfire	<input type="checkbox"/> Complete an outdoor badge
<input type="checkbox"/> Go on a night hike	<input type="checkbox"/> Ride a bike	<input type="checkbox"/> Hike somewhere new
<input type="checkbox"/> Use binoculars	<input type="checkbox"/> Explore a cave	<input type="checkbox"/> Try archery or take lessons
<input type="checkbox"/> Make a map of your favorite outdoor location	<input type="checkbox"/> Go camping (cabins, lodges, yurts, or tents)	<input type="checkbox"/> Complete the Outdoor Journey for your age level
<input type="checkbox"/> Visit a museum or zoo	<input type="checkbox"/> Go zip lining	<input type="checkbox"/> Build an outdoor shelter or fort
<input type="checkbox"/> Learn the 7 Principles of Leave No Trace	<input type="checkbox"/> Build an obstacle course outside	<input type="checkbox"/> Craft something with only natural items
<input type="checkbox"/> Try a new swim stroke	<input type="checkbox"/> Visit a Pennsylvania State Park	<input type="checkbox"/> Roll down a hill
<input type="checkbox"/> Pick up trash in your local park	<input type="checkbox"/> Slip down a slip 'n slide	<input type="checkbox"/> Swim in a lake, pond, or the ocean
<input type="checkbox"/> Spend time in a hammock or tire swing	<input type="checkbox"/> Make a wind chime out of natural materials	<input type="checkbox"/> Research your favorite endangered species
<input type="checkbox"/> Light a campfire without matches	<input type="checkbox"/> Sing songs at a campfire	<input type="checkbox"/> Fly a kite
<input type="checkbox"/> Take part in Girl Scouts Love State Parks	<input type="checkbox"/> Learn about invasive species	<input type="checkbox"/> Create a new outdoor game with friends
<input type="checkbox"/> Try a climbing wall or ropes course	<input type="checkbox"/> Watch the sunset or sunrise	<input type="checkbox"/> Build a fire & make s'mores
<input type="checkbox"/> Find your way with a map and compass	<input type="checkbox"/> Track the phases of the moon for a week	<input type="checkbox"/> Start a garden (vegetable, herb, or fairy)

Complete the required number of activities for your grade level to earn a fun patch! The fun patch will be mailed in October.

### Number of Activities Required Per Grade Level

Daisy	Brownie	Junior	Cadette	Senior	Ambassador
20	25	30	35	40	45



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How to Use Your Outdoor Challenge Activity Sheet:

-Complete the required number of activities for your Girl Scout level and submit a photo or scan of your completed activity sheet. **Submissions are due by September 12<sup>th</sup>, 2021.**

Please submit using the following link: <https://gsheartpa.wufoo.com/forms/qoigspa0g4haig/>

-When you submit your activity sheet, you will be asked to provide information for your Girl Scout. This includes name, troop number, mailing address, and parent/guardian information. Fun patches will be mailed in October.

NOTE: The Outdoor Challenge Activity Sheet may be used by anyone, but only GSHPA girl members will receive the fun patch.

The Winning Service Unit: -The winning Service Unit will be determined by the highest percentage of participants within a Service Unit.

The winning Service Unit will win a FREE GSHPA council-led Troop Adventure Day (TAD) for up to 60 girls. The TAD will be held on a GSHPA camp property. The winning Service Unit will be expected to maintain girl-adult ratios as outlined in Volunteer Essentials for the TAD event. A selection of dates will be made available to the winning Service Unit and the GSHPA Outdoor Program Coordinator will work closely with the Service Unit to decide on a date and location. GSHPA will provide all supplies and food for outdoor cooking for the TAD event. Activities will be determined based on girl level, location, and weather.