

# GET OUTDOORS CHALLENGE

## Challenge Activities

<input type="checkbox"/> Take 5 nature photos	<input type="checkbox"/> Learn 4 knots	<input type="checkbox"/> Watch fireflies at night
<input type="checkbox"/> Play your favorite sport	<input type="checkbox"/> Cook over a campfire	<input type="checkbox"/> Try geocaching
<input type="checkbox"/> Go on a hike	<input type="checkbox"/> Try slacklining	<input type="checkbox"/> Track the phases of the moon for a week
<input type="checkbox"/> Build a fire & make s'mores	<input type="checkbox"/> Build and put up a bat house	<input type="checkbox"/> Jump on a trampoline
<input type="checkbox"/> Pick up litter	<input type="checkbox"/> Hike a new trail	<input type="checkbox"/> Light a campfire without matches
<input type="checkbox"/> Go fishing	<input type="checkbox"/> Do an outdoor chore (rake leaves, cut the grass, plant flowers)	<input type="checkbox"/> Make your own bird feeder
<input type="checkbox"/> Hunt for animal tracks	<input type="checkbox"/> Run through a sprinkler	<input type="checkbox"/> Visit a National Park
<input type="checkbox"/> Hug a tree	<input type="checkbox"/> Complete a scavenger hunt	<input type="checkbox"/> Spend time in a hammock or tire swing
<input type="checkbox"/> Learn about animals that are native to Pennsylvania	<input type="checkbox"/> Go camping (cabins, lodges, yurts, or tents)	<input type="checkbox"/> Have a water balloon fight
<input type="checkbox"/> Learn to cartwheel	<input type="checkbox"/> Swim in a lake, pond, or the ocean	<input type="checkbox"/> Jump rope
<input type="checkbox"/> Draw on the sidewalk with chalk	<input type="checkbox"/> Have a picnic	<input type="checkbox"/> Go stargazing
<input type="checkbox"/> Find your way with a map and compass	<input type="checkbox"/> Take part in Girl Scouts Love State Parks	<input type="checkbox"/> Make leaf prints or rubbings
<input type="checkbox"/> Play flashlight tag	<input type="checkbox"/> Identify 10 trees in your neighborhood	<input type="checkbox"/> Explore a cave
<input type="checkbox"/> Play tag or hide-and-go-seek outside	<input type="checkbox"/> Build an outdoor shelter or fort	<input type="checkbox"/> Play frisbee
<input type="checkbox"/> Start a garden (vegetable, herb, or fairy)	<input type="checkbox"/> Have an outdoor movie night	<input type="checkbox"/> Try kayaking, canoeing, or paddle boarding
<input type="checkbox"/> Participate in a GSHPA Girl vs. Wild event	<input type="checkbox"/> Learn the 7 Principles of Leave No Trace	<input type="checkbox"/> Build a sand castle
<input type="checkbox"/> Watch the sunset or sunrise	<input type="checkbox"/> Play hopscotch	<input type="checkbox"/> Do a fun run or go running
<input type="checkbox"/> Fly a kite	<input type="checkbox"/> Read a book outside	<input type="checkbox"/> Play in a stream or river
<input type="checkbox"/> Spend the day barefoot outdoors	<input type="checkbox"/> Sing songs at a campfire	<input type="checkbox"/> Ride a bike
<input type="checkbox"/> Slip down a slip 'n slide	<input type="checkbox"/> Take your pet for a walk	<input type="checkbox"/> Try a climbing wall or ropes course
<input type="checkbox"/> Identify 5 constellations	<input type="checkbox"/> Splash in some rain puddles	<input type="checkbox"/> Roll down a hill
<input type="checkbox"/> Count how many butterflies you can find in 1 day	<input type="checkbox"/> Learn about honey bees and how to protect them	<input type="checkbox"/> Go horseback riding
<input type="checkbox"/> Go zip lining	<input type="checkbox"/> Go backpacking	<input type="checkbox"/> Identify the call of 3 birds
<input type="checkbox"/> Visit a Pennsylvania State Park	<input type="checkbox"/> Go rafting	<input type="checkbox"/> Go on a night hike
<input type="checkbox"/> Blow some bubbles	<input type="checkbox"/> Try archery or take lessons	<input type="checkbox"/> Visit a waterfall

Complete the required number of activities for your grade level to earn a patch. The fun patch will be issued upon completion of the competition outline below.

Number of Activities Required Per Grade Level					
Daisy	Brownie	Junior	Cadette	Senior	Ambassador
20	25	30	35	40	45



SUMMER 2020

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How to use your Outdoor Challenge activity sheet:

-Complete the required number of activities for your Girl Scout level and submit a photo or scan of your completed activity sheet. Please submit using the following link:

<https://gsheartpa.wufoo.com/forms/outdoor-challenge-sheet-submission/>

-When you submit your activity sheet, you will be asked to provide your Girl Scout's name, troop number, and Service Unit number. This is how we will determine the Service Unit with the highest percentage of participants. Submissions are due by September 8<sup>th</sup>, 2020.

-Patches will be delivered to the Service Unit Leader. Service Unit Leaders will then distribute patches to the appropriate individual troops or Juliettes.

The Winning Service Unit:

-The winning Service Unit will be determined by the highest percentage of participants within a Service Unit.

-The winning Service Unit will win a FREE GSHPA council-led Troop Adventure Day (TAD) for up to 60 girls. The TAD can be held on a GSHPA property or the Service Unit can secure an outdoor space for 60 girls at a State Park or similar venue. The winning Service Unit will be expected to maintain girl-adult ratios as outlined in Volunteer Essentials for the TAD event. A selection of dates will be made available to the winning Service Unit and the GSHPA Outdoor Program Coordinator will work closely with the Service Unit to decide on a date and location. GSHPA will provide all supplies and food for outdoor cooking for the TAD event. Activities will be determined based on girl level, location, and weather. An adult enrichment event for a minimum of 5 adults and up to 30 can also be scheduled in conjunction with the TAD event. There are two choices for the topic of the adult enrichment: how to take girls on a hike OR campsite selection.