

# GSHPA TROOP LEADER MOVIE GUIDE TO

DISNEY PIXAR

# Brave

Facebook: @GSHPA   Twitter: @GSHPA   Instagram: @gsheartpa



*Troop Leader Tip:* Use the following guide with your troop as you all watch the movie virtually together! In this guide you will find snack ideas, discussion questions, activities the girls can do, as well as ways we can be more responsible in leaving less of a footprint on our Earth.

## Virtual Movie Night Tips:


Options to Watch as a Group:

- 1) Google Hangouts
- 2) Skype
- 3) Facetime
- 4) Facebook Video Call
- 5) Multi-Way Phone Call
- 6) Zoom - free to use for 40 minutes (to use as a troop, girls can watch the movie on their own then join the Zoom meeting for discussion after!

- Tune into GSHPA's Zoom event before and after the movie, starting at 6pm, to join Girl Scouts all over council in getting excited for the movie and talking about it afterwards.

- Encourage girls to share their snacks, opinions, movie watching buddies, blanket forts, PJ selfies, and more! Girls can use #GSHPAmovienight on Instagram, Twitter and Facebook.

- Set a time with your troop ahead of time for when to start the movie and when to join in the troop discussion. GSHPA will have a Zoom event from 6-6:30, and 8:15-8:45. If you would like to have your own troop discussion at the end of the movie, share with girls and parents the method of meeting and the time so everyone can join in!



## Snack Ideas:

**Movie Night Snack Tray** - Gather your favorite movie snacks or candy. Using a cookie sheet or other tray, arrange your snacks in bowls or on plates to create a colorful medley to snack on!

**Macintosh and Cheese** - The clan Macintosh arrives in time for the Highland games in the movie. Fuel up for the games with some Mac(intosh) and cheese! You can customize your dish any way you'd like!

**Wee Bears Snack Mix** - For this snack, you will need teddy graham cookies (Merida's wee brothers), red and orange M&Ms or skittles (Merida's fiery hair!), chex mix (the Tartan pattern on kilts) and mini marshmallows. Mix everything together and you have Wee Bears Snack Mix!

**Shortbread and Cocoa** - Shortbread has been a very popular dessert in Scotland for centuries. It used to be served only for special occasions such as weddings, because it was considered a delicacy! For this snack, grab a box of Trefoil cookies, or other shortbread cookies, and whip up a mug of hot cocoa to dip them in!

*Troop Leader Tip:* Make sure all girls have their snacks and movie watching buddies ready to go before starting the movie. A quick bathroom break for everyone before the movie starts is always helpful too!

---

## Discussion Questions:

- 1) The relationship that Merida and her mom Elinor have is similar to the relationship that many of us have with our parents. We may fight a lot or not understand each other, but Brave shows us that the love that we have for our parents and the love that they have for us is stronger than our arguments. In what ways can you show your parents that you love and respect them?
  - 2) Merida decides that she wants to follow her own path, and not be forced to marry someone she doesn't love. She represents our Lemon Ups in many ways, such as "I am Strong" and "I am Brave". How does she show these characteristics during the movie?
  - 3) How would you describe Merida to a friend or family member who has not seen this movie?
  - 4) When we watched Mulan a few weeks ago, we talked about how sometimes doing something "like a girl" can be a bad thing (like "throwing like a girl"), even though doing things like a girl is a great thing, because we are girls, and girls are strong, confident, and powerful! In Brave, how does Merida prove that doing things like a girl is a good thing?
  - 5) The Will o' the Wisps help Merida along her journey. Who in your life supports you and helps you to achieve your goals?
-

## Activity Ideas:

*Troop Leader Tip:* These activities can be done by the girls on their own, but would be great to talk about at a future virtual troop meeting!

1) In the Highland Games scene we see different clans come together to compete. Each clan has their own crest displayed on a banner. Many families also have a family crest that their ancestors used. For this activity, you will be creating a crest of your own! You can use paper, markers, crayons or paint. First, you will want to pick a shape, and draw it large enough to fill your page (the shape of a shield, an oval, circle, etc.), and divide your shape into 3 or 4 sections. Next, think about things that are important to you, or to your family, and create drawings of these things inside of your shape.

2) Merida is an expert archer. She can shoot her arrows with extreme precision, and beats out all of the boys competing for her hand in marriage. For this activity, we will be making mini bows and arrows. You will need popsicle sticks, dental floss or fishing line, scissors, and cotton swabs. First, soak your popsicle sticks in a bowl of water for an hour or two. About half way through the soaking time, use the scissors with an adult's help to cut two notches

on each end. Once the soaking time is up, carefully try to bend the stick without breaking it. If it begins to break, soak a little longer. When you have a nice bow shape, tie the fishing line/floss on one end and wrap it around that end a few times. Then bring it to the other end and wrap a few times, tying it off with a dab of hot glue (with an adult's help). Next, cut one end off of your cotton swabs, and with an adult's help cut a small notch in the end, so that the fishing line/floss has something to hold onto. You can then decorate the popsicle stick as you would like, then start your archery practice!



## What Can You Do?

*Troop Leader Tip:* The following are ways girls can become more aware of the footprint they leave on our Earth. Some of these ideas could also be a starting point for a service project that your troop can work on together!

## 1) Create a Compost Bin

- According to the EPA, the average person creates 4.4 pounds of trash every day! A lot of that trash ends up in a landfill, but not all of it has to. Organic waste from food scraps can be composted, and reduce the amount of trash that ends up in a landfill.

- Before you set out on your composting journey, research what kind of waste can be composted. With your family's help, decide on the best way to construct your compost bin. Check out [this site](#) for ideas!

## 2) Build a Bean Teepee to help your backyard wildlife

- For this fun project you will need to start with three 5-to-7-foot lightweight poles made out of PVC pipe or bamboo. Use twine, string or masking tape to connect them at one end to make the teepee frame and then set it in a fairly flat place outside in your yard. You can then plant cowpeas -- or any bean that grows vines -- in the ground or a container at the base of each pole. As the beans grow, the vines will cover the poles and create a fun teepee to play in, as well as a source of food for a variety of wildlife, including birds, insects, squirrels and deer.

