

DISNEY PIXAR

The Incredibles 2

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How to Watch the Movie:

- Incredibles 2 is available on Netflix (English and Spanish versions available), Disney+, Amazon Prime, Google Play (to rent), iTunes (to rent), Vudu (to rent) and YouTube (to rent). You are also welcome to watch it in DVD format!
- Tune into GSHPA's Zoom event before and after the movie, starting at 6pm, to join Girl Scouts all over council in getting excited for the movie and talking about it afterwards.
- Jazz up your movie watching space! Create a blanket fort, or a pillow bed, wear crazy socks and fun PJ's, invite your favorite stuffed animals to join you, and get some tasty snacks ready!
- Share your snacks, opinions, movie watching buddies, blanket forts, PJ selfies, and more! Girls can use #GSHPAmovienight on Instagram, Twitter and Facebook.
- Some troops may choose to have a discussion together after the movie. Your Troop Leader will let you know how you will be doing a virtual discussion together! If you are watching the movie on your own, GSHPA will have a Zoom event before the movie (6-6:20pm), and after the movie (8:30-9:00pm), and we would love to have you join us!



Snack Ideas:

Movie Night Snack Tray - Gather your favorite movie snacks or candy. Using a cookie sheet or other tray, arrange your snacks in bowls or on plates to create a colorful medley to snack on!

Pumped Up Popcorn - For this Pumped Up Popcorn snack, you will need 1 bag of popped popcorn, 1/2 cup red candy melts, 1/2 cup yellow candy melts, 1/2 cup black candy melts, 2 teaspoons of coconut oil or cooking oil, red and yellow sprinkles, and red and yellow M&Ms. Lay your popped popcorn out on a baking sheet. With an adult's help, place each of the colored candy melts in a microwaveable bowl, and heat for 30 second, stir, and reheat as needed. Add in your coconut oil or cooking oil to thin the candy melts so that they can be easily drizzled. Drizzle the candy melts all over your popcorn. Add your sprinkles and M&Ms, then pop in the fridge for a little bit to let it cool. Once dry, enjoy!

Super Slushy - For this fun drink, you will need 4 cups of cubed watermelon - half frozen, half not, and 1/2 cup of diced mango. Combine all of your fruit in a blender and blend until slushy. If needed add a small amount of water or milk. Pour in glasses and top with a little extra mango and enjoy!
This will make two servings.

Incredi-Kabobs - To create your Incredi-Kabobs, you will need 3-4 of your favorite fruits, 1-2 different kinds of cheese cubes, 1-2 types of meat (such as pepperoni, kielbasa, salami, etc.). You will also need skewers. Carefully place the fruit onto the skewers. You can get creative and make a pattern, or maybe even try to coordinate the colors to the colors in the Incredibles! Once finished making your fruit skewers, you can do the same with your meats and cheeses. Voila, you have Incredi-Kabobs to enjoy!

Activity Ideas:

1) The costume or uniform for a superhero is one of the most important parts of his or her identity. Pretend you are Edna's assistant for the day, and design superhero costumes for your whole family! You can draw your designs on paper, or even have your family model actual clothing that makes up a costume!

2) The animators at Pixar who created the Incredibles first created concept art, before beginning animating on the computer. Instead of having detailed drawings for each character, they used paper and glue to create a more simple look for the characters.

For this project, you will need scissors, glue, a pencil, an assortment of colored or patterned paper, a ruler, and shape stencils if you have them. You can create your concept art for a superhero from the movie, or a superhero that you create! Start by thinking of the shape of your superhero. Curved lines are friendlier than sharp lines. Next, choose your paper colors, and start cutting shapes using your stencils, or things around the house, that fit your superhero.

Once you have your shapes, you can glue them to your paper. When finished, you will have the concept art design for your superhero!



What Can You Do?

1) Be a Hero

- Buddy turned into a villain because his hero treated him poorly and refused to help him. There are many things you can do to become a hero for someone who needs your help and guidance.
- A hero doesn't just intervene when they see wrong being done. A true hero is there to do good at any time. This might mean taking some extra time out of your day to perform a good deed. You can do anything from raking your neighbor's leaves for them, washing the car of an elderly neighbor for them, or buying groceries for someone in need.
- A hero can also be someone who thinks of others. Especially now, in a time that is difficult for many people. Even something as simple as making cards for front line workers, raising money to donate cookies to those workers, or writing letters to the elderly who are unable to see or hear from their family and friends is a great act of kindness!

2) Conserve Water

- In large cities like Metroville, the population can grow at a rapid pace, which uses up more and more of the city resources, such as nearby rivers. This can harm those rivers, as a higher need could mean the water sources risk being run dry. Even if you don't live in a large city, it is still important for us all to do our part to conserve water, so that this is a resource that remains available to us as long as possible.
 - Conserving water at home is as easy as small actions like taking shorter showers, watering the lawn only when needed, and only running the dishwasher when it's full.
 - You can also help with water conservation in your city by finding out how well your utility conserves water, and then following up with utility officials to let them know why it's important to you that they improve.
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