

# GSHPA GIRL & FAMILY GUIDE TO

# DISNEY'S *Moana*

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## How to Watch the Movie:

- Moana is available on Disney+, Amazon Prime, Google Play (to rent), iTunes (to rent), Vudu (to rent) and YouTube (to rent). You are also welcome to watch it in DVD format!
  - Tune into GSHPA's Zoom event before and after the movie, starting at 6pm, to join Girl Scouts all over council in getting excited for the movie and talking about it afterwards.
  - Jazz up your movie watching space! Create a blanket fort, or a pillow bed, wear crazy socks and fun PJ's, invite your favorite stuffed animals to join you, and get some tasty snacks ready!
  - Share your snacks, opinions, movie watching buddies, blanket forts, PJ selfies, and more! Girls can use #GSHPAmovienight on Instagram, Twitter and Facebook.
  - Some troops may choose to have a discussion together after the movie. Your Troop Leader will let you know how you will be doing a virtual discussion together! If you are watching the movie on your own, GSHPA will have a Zoom event before the movie (6-6:30pm), and after the movie (8:30-9pm), and we would love to have you join us!
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## Snack Ideas:

**Movie Night Snack Tray** - Gather your favorite movie snacks or candy. Using a cookie sheet or other tray, arrange your snacks in bowls or on plates to create a colorful medley to snack on!

**Tasty Turtles** - for this snack, use your imagination and creativity to find snacks in your kitchen that you can use to create a turtle! Some ideas could include cheese on a cracker for the shell, and pretzel pieces for the legs, or peanut butter on crackers with a raisin head...the possibilities are endless!

**Tagalong Turtles** - using Tagalongs (or a similar cookie) think of a creative way to turn your cookie into a turtle! You could use almonds for the legs and head, or pretzel sticks for the feet...create your tasty turtle and share it on social media with us using the hashtag #GSHPAmovienight

**Te Fiti's Snack Mix**- create a fun, tropical snack mix using goldfish crackers, pretzels, swedish fish or gummy fish, and M&Ms for a touch of tropical color!

**Coconut Popcorn** - with an adult's help, pop a bag of popcorn, or make airpopped popcorn! While the popcorn is cooking, put a few Samoa cookies into a baggie and crush them up using a rolling pin or even a heavy book. Once you have tiny pieces of Samoa's, sprinkle them all over your bowl of popcorn for a chocolate and coconut popcorn snack!

## Activity Ideas:

- 1) Ancestors are very important to the people of Motunui. Talk with your parents, grandparents or other family members about your ancestors and find out an interesting fact about your family.
- 2) Maui tells Moana all about the wonderful things he helped to do in nature, like giving a breeze to sails, or providing coconuts for eating. Take a nature walk around your yard or neighborhood with an adult, and pay attention to the nature around you. Without certain pieces of nature our lives would be very different. Try to find three things on your walk that our lives would be very different about!
- 3) Using items that you find around your house (inside or outside!), construct a small boat, like the one Moana uses. Once your boat is finished, with an adult's help, fill a large bowl or deep pan about half way full of water and test your boat to see if it sails! Try adding different factors to it as well, like a breeze, or waves, and see how it does!

## What Can You Do?

### 1) Reduce, Reuse and Recycle

- Recycling and reusing reduces waste. It can also help to keep items like plastic bags and water bottles out of the ocean, where many animals may confuse them for food. Take a look around your house and identify ways to reuse items that are normally thrown away, and find items that should be recycled and place them in a bin separate from the garbage. Reducing our waste can help us to leave a smaller footprint.
- A great way to remind yourself and your family members to recycle is to create a recycle poster to hang on your refrigerator! Make sure to include everything that should be thrown into recycling and not into the garbage.

### 2) Go on a Garbage Walk

- While we are practicing social distancing, it is nice to be able to go outside and enjoy some fresh air! When you go outside to play or go for a walk, take a garbage bag with you and pick up trash on the way.

### 3) Shop Responsibly

- When you go to the grocery store with your family, many people use plastic shopping bags to carry their food home. Reusable shopping bags are an easy way to reduce our plastic use and our footprint. If you do not have reusable bags at home, see if there is something you have at home that you could recycle to use to create a reusable shopping bag!