

## Daisy Trail Adventure Badge – Earn From Home Guide

Choose your adventure! Jog while you explore outdoors, or go on a hike and play games.



1. Choose your outdoor adventure
2. Prepare for your adventure
3. Go on your outdoor adventure

Once you have earned this badge, you will know how to go on an adventurous jog or play outdoor hiking games.

1. Choose your outdoor adventure
  - Decide with a family member what type of outdoor adventure you will go on! You could take a walk or a jog around your neighborhood, or find a trail and go on a hike.
2. Prepare for your adventure
  - Create a map of your planned walk/hike
  - Make a list of supplies you would take on a long hike (ex: refillable water bottle, backpack, sunscreen, bug spray...)
  - Play a game while walking, such as moving like different animals or looking for specific colors or shapes.
  - Make sure you practice the buddy system by having an adult with you!
3. Go on your outdoor adventure
  - Change your movement every 30 steps (walk like a different animal, or skip the next few steps)
  - Learn how to find north using a compass (or a phone app)
  - Have fun taking pictures and sharing your adventure with a family member when you get home!
  - Think about what senses you use on your adventure. For example, what sounds did you hear, or smells that you smelled?
  - When you get back home, draw a picture of what you experienced during your adventure!

After completing the requirements for this badge, girls will have planned and gone on an outdoor adventure!

This badge can be purchased on our website [here](#).