

Get Outdoors Challenge

Challenge Activities

<input type="checkbox"/> Identify 5 animal tracks	<input type="checkbox"/> Pick up trash in your local park	<input type="checkbox"/> Learn a new sport
<input type="checkbox"/> Make your own bird house or feeder	<input type="checkbox"/> Spend time in a hammock or tire swing	<input type="checkbox"/> Make a map of your favorite outdoor location
<input type="checkbox"/> Learn the 7 Principles of Leave No Trace	<input type="checkbox"/> Light a campfire without matches	<input type="checkbox"/> Participate in a GSHPA summer event (virtual or in-person)
<input type="checkbox"/> Learn about macroinvertebrates and try to find one	<input type="checkbox"/> Take part in Girl Scouts Love State Parks	<input type="checkbox"/> Try a climbing wall or ropes course
<input type="checkbox"/> Visit a waterfall	<input type="checkbox"/> Try a new water-based activity	<input type="checkbox"/> Draw/paint a natural scene
<input type="checkbox"/> Watch fireflies at night	<input type="checkbox"/> Try slacklining	<input type="checkbox"/> Learn to cartwheel
<input type="checkbox"/> Play disc golf	<input type="checkbox"/> Go backpacking	<input type="checkbox"/> Cook over a campfire
<input type="checkbox"/> Try kayaking, canoeing, or paddle boarding at a state park	<input type="checkbox"/> Find your way with a map and compass	<input type="checkbox"/> Learn about and go for a trail run
<input type="checkbox"/> Go on a sunrise hike	<input type="checkbox"/> Identify 10 flowers in your neighborhood or local park	<input type="checkbox"/> Collect data for a citizen science project on SciStarter.com
<input type="checkbox"/> Teach a friend a Girl Scout song	<input type="checkbox"/> Explore a cave	<input type="checkbox"/> Ride a bike
<input type="checkbox"/> Go horseback riding	<input type="checkbox"/> Go camping (cabins, lodges, yurts, or tents)	<input type="checkbox"/> Go zip lining
<input type="checkbox"/> Try geocaching	<input type="checkbox"/> Build an obstacle course outside	<input type="checkbox"/> Visit a Pennsylvania State Park
<input type="checkbox"/> Visit a National Park	<input type="checkbox"/> Slip down a slip 'n slide	<input type="checkbox"/> Sing songs at a campfire
<input type="checkbox"/> Go on a night hike	<input type="checkbox"/> Make a wind chime out of natural materials	<input type="checkbox"/> Watch the sunset or sunrise
<input type="checkbox"/> Use binoculars	<input type="checkbox"/> Learn about invasive species	<input type="checkbox"/> Track the phases of the moon for a week
<input type="checkbox"/> Have an outdoor movie night	<input type="checkbox"/> Visit a National Forest	<input type="checkbox"/> Go fishing
<input type="checkbox"/> Visit a museum or zoo	<input type="checkbox"/> Learn 5 new knots	<input type="checkbox"/> Take 5 nature photos
<input type="checkbox"/> Skip stones	<input type="checkbox"/> Participate in The Girl Scout Climate Challenge!	<input type="checkbox"/> Trace shadows with chalk
<input type="checkbox"/> Try a new swim stroke	<input type="checkbox"/> Volunteer at your local park to help with trail maintenance	<input type="checkbox"/> Plant daisies in honor of Girl Scouts Founder Juliette "Daisy" Gordon Low

Complete the required number of activities for your grade level to earn a fun patch!
The fun patch will be mailed in October.

Number of Activities Required Per Grade Level					
Daisy	Brownie	Junior	Cadette	Senior	Ambassador
20	25	30	35	40	45

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<input type="checkbox"/> Help a family member or friend with an outdoor chore	<input type="checkbox"/> Build and put up a bat house	<input type="checkbox"/> Start a nature journal
<input type="checkbox"/> Identify 5 constellations	<input type="checkbox"/> Count how many birds you can find in 1 day	<input type="checkbox"/> Complete the Outdoor Journey for your age level
<input type="checkbox"/> Fly a kite	<input type="checkbox"/> Build a fire & make s'mores	<input type="checkbox"/> Roll down a hill
<input type="checkbox"/> Hike somewhere new	<input type="checkbox"/> Build an outdoor shelter or fort	<input type="checkbox"/> Try archery or take lessons
<input type="checkbox"/> Make a windchime	<input type="checkbox"/> Identify 5 insects	<input type="checkbox"/> Explore a cave
<input type="checkbox"/> Take part in the Girl Scout Tree Promise by planting a tree	<input type="checkbox"/> Explore diverse habitats at a state park like Nescopeck State Park	<input type="checkbox"/> Visit a greenhouse or plant nursery
<input type="checkbox"/> Set up a nature scavenger hunt	<input type="checkbox"/> Have a picnic	<input type="checkbox"/> Camp out in your yard for the night
<input type="checkbox"/> Complete activities to earn the "PNC CFO" Patch	<input type="checkbox"/> Participate in a National Service Project to help your community	<input type="checkbox"/> Practice Leave No Trace and pick up litter while hiking a trail
<input type="checkbox"/> Craft something with only natural items	<input type="checkbox"/> Swim in a lake, pond, or the ocean	<input type="checkbox"/> Research your favorite endangered species
<input type="checkbox"/> Play flashlight tag at night	<input type="checkbox"/> Visit a botanical garden	<input type="checkbox"/> Set up a nature scavenger hunt
<input type="checkbox"/> Research edible plants and search your neighborhood for some	<input type="checkbox"/> Give orienteering a try at a state park like Greenwood Furnace	<input type="checkbox"/> Learn about macro invertebrates and try to find one
<input type="checkbox"/> Visit an outdoor historically significant location	<input type="checkbox"/> Explore a new place by signing up for a GS Destinations or Getaways travel program	<input type="checkbox"/> Observe wildlife (from a safe distance!) at a state park
<input type="checkbox"/> Do yard yoga or another outdoor exercise	<input type="checkbox"/> Have a water battle or run through a sprinkler	<input type="checkbox"/> Visit a waterfall or two at a state park like Ricketts Glen
<input type="checkbox"/> Plan a lake beach trip at a state park like Tuscarora	<input type="checkbox"/> Complete an outdoor badge	<input type="checkbox"/> Sing with the birds by learning the calls of different birds in your neighborhood
<input type="checkbox"/> Create a new outdoor game with friends	<input type="checkbox"/> Start a garden (vegetable, herb, or fairy)	<input type="checkbox"/> Explore a unique water habitat and the creatures that live there at a state park
<input type="checkbox"/> Learn about the Appalachian Trail and hike a section at a state park (ex. Pine Grove Furnace!)	<input type="checkbox"/> Research Climate Change and how you can combat it on the local level	<input type="checkbox"/> Research the history of a nearby state park (like Hickory Run!) before visiting
<input type="checkbox"/> Host and invite fellow Girl Scouts to a campfire	<input type="checkbox"/> Beautify a local public area by cleaning up litter	<input type="checkbox"/> Explore the night sky by completing an activity from the Great Space Challenge
<input type="checkbox"/> Play with bubbles outside	<input type="checkbox"/> Bike a trail path at a state park like Gifford Pinchot	<input type="checkbox"/> Make rock art
<input type="checkbox"/> Visit a local farm or orchard		

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Summer 2022

Get Outdoors Challenge

How to Use Your Outdoor Challenge Activity Sheet:

-Complete the required number of activities for your Girl Scout level and submit a photo or scan of your completed activity sheet. Submissions are **due by September 30, 2022**. Please submit using the following link:

<https://gsheartpa.wufoo.com/forms/gshpa-outdoor-challenge-submission-form/>

-When you submit your activity sheet, you will be asked to provide information for your Girl Scout. This includes name, troop number, Service Unit, mailing address, and parent/guardian information. Fun patches will be mailed by November 30, 2022.

NOTE: The Outdoor Challenge Activity Sheet may be used by anyone, but only GSHPA girl members will receive the fun patch.

The Service Unit with the highest percentage of participants within a Service Unit will win a Free GSHPA council-led Troop Adventure Day (TAD) for up to 60 girls.

The TAD will be held on a GSHPA camp property. The winning Service Unit will be expected to maintain girl-adult ratios as outlined in Volunteer Essentials for the TAD event. A selection of dates will be made available to the winning Service Unit and the GSHPA Outdoor Program Coordinator will work closely with the Service Unit to decide on a date and location. GSHPA will provide all activity supplies for the TAD event. Activities will be determined based on girl level, location, and weather.