

GSHPA GIRL & FAMILY GUIDE TO


DISNEY PIXAR

Lilo and Stitch

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How to Watch the Movie:

- Lilo and Stitch is available on Disney+, Amazon Prime, Google Play (to rent), iTunes (to rent), Vudu (to rent) and YouTube (to rent). You are also welcome to watch it in DVD format!
 - Tune into GSHPA's Zoom event before and after the movie, starting at 6pm, to join Girl Scouts all over council in getting excited for the movie and talking about it afterwards.
 - Jazz up your movie watching space! Create a blanket fort, or a pillow bed, wear crazy socks and fun PJ's, invite your favorite stuffed animals to join you, and get some tasty snacks ready!
 - Share your snacks, opinions, movie watching buddies, blanket forts, PJ selfies, and more! Girls can use #GSHPAmovienight on Instagram, Twitter and Facebook.
 - Some troops may choose to have a discussion together after the movie. Your Troop Leader will let you know how you will be doing a virtual discussion together! If you are watching the movie on your own, GSHPA will have a Zoom event before the movie (6-6:20pm), and after the movie (8:15-8:45pm), and we would love to have you join us!
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Snack Ideas:

Movie Night Snack Tray - Gather your favorite movie snacks or candy. Using a cookie sheet or other tray, arrange your snacks in bowls or on plates to create a colorful medley to snack on!

Pudge's Sandwich - Pay tribute to Pudge the fish by making a sandwich just like Lilo makes for Pudge. Lilo keeps her recipe simple, by just using two slices of bread and peanut butter, however you could add to your peanut butter sandwich any way you'd like! You could add some apricot jam, or crushed up pretzels - any concoction that sounds yummy to you!

A "Pupu" Platter - Pupu is the Hawaiian word for appetizer! For this snack, create some of your favorite appetizers with an adult's help. Typically you might find egg rolls, beef skewers, chicken wings or tenders, fried wontons or crab rangoon, but you can create your own version using whatever sounds best!

Pink Snow Cones - In the montage of Lilo and Stitch becoming friends, Lilo brings Stitch a pink snow cone. You can make your own for you and your family with the help of an adult! You will need 2 cups of white sugar, 1 cup water, 1 package pink koolaid, and 12 cubes of ice. In a saucepan with adult supervision, stir together the sugar and water. Bring to a boil, and boil for about one minute.

Remove it from heat, and stir in the drink mix. Allow this to cool. Blend your ice carefully until crushed, then pour the flavor mix over the ice! and enjoy!

Activity Ideas:

1) Giving someone a lei is a great way to show friendship and love, or to celebrate someone. In Hawaii, Aloha! means welcome, and giving a lei is a way of greeting someone as well. For this activity, you will need yarn or thick string, cardstock or construction paper, a hole punch, drinking straws cut into 1 inch pieces, and a flower template (you can find one at the end of this guide to use!).

Start by cutting your straws into 1 inch pieces and cutting out your flowers. Punch a hole in the center of each flower, and cut your yarn or string to the desired length. Begin to add a straw then a flower, creating a pattern. You could use multiple colors of flowers and make an even brighter pattern. When finished adding straws and flowers, tie the end strings together! Now you have a beautiful lei of your own, and you could even make them for your family!

If you would like to try making a lei that is a little bit more difficult, and uses cupcake liners, you can check out [this video](#) for another fun option!

2) Create an Ocean Discovery Bottle

- You will need: a cleaned out bottle of any kind with a lid (water bottle, mason jar, ketchup bottle), blue glitter glue, silver glitter, sea shells or small plastic ocean animals (optional), green food coloring, and water.

- Remove any labels on your bottle and fill it half way with water. Add your glue and glitter, close the cap tightly, and shake until it is mixed smoothly! Then uncap your bottle and add your sea shells or small animals, and add water until there is about 1 inch left to the top. Add a few drops of green food coloring, and securely close your bottle (duct tape is a great way to make sure it never spills!)



What Can You Do?

1) Plant a Tree

- Trees help to clean the air, provide shelter from the wind and sun, and provide habitat.
- There are so many options for choosing where to plant a tree to help our environment. You could choose your own backyard, or work with a local park to see if you could plant trees there! When choosing a tree to plant, you will want to do some research to find out what tree would be appropriate for the area, how big it will get, how long it will live, and proper planting and care for that species of tree.

2) Develop Wise Water Habits

- Wash Smart: when doing laundry, be sure to use full wash loads, or if your machine allows it, change the setting to fit the size of laundry load that you are washing.
 - Doing Dishes: If you have a dishwasher, be sure to fill the dishwasher completely before running a cycle. If you wash dishes by hand, stopper the sink rather than leave the water running.
 - For a Cold Drink: Keep a pitcher of cool water in the refrigerator. Running the water until it turns cool can waste a gallon of water per glass!
 - Don't Flush Trash: Don't flush away tissues or bits of trash, use a waste basket. If everyone in the USA flushed one time less per day, we could save a sea-full of water a mile wide, a mile long, and four feet deep, every day!
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