

# GSHPA TROOP LEADER MOVIE GUIDE TO

## DISNEY'S *Lilo and Stitch*

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*Troop Leader Tip:* Use the following guide with your troop as you all watch the movie virtually together! In this guide you will find snack ideas, discussion questions, activities the girls can do, as well as ways we can be more responsible in leaving less of a footprint on our Earth.

### Virtual Movie Night Tips:


Options to Watch as a Group:

- 1) Google Hangouts
- 2) Skype
- 3) Facetime
- 4) Facebook Video Call
- 5) Multi-Way Phone Call
- 6) Zoom - free to use for 40 minutes (to use as a troop, girls can watch the movie on their own then join the Zoom meeting for discussion after!)

- Tune into GSHPA's Zoom event before and after the movie, starting at 6pm, to join Girl Scouts all over council in getting excited for the movie and talking about it afterwards.

- Encourage girls to share their snacks, opinions, movie watching buddies, blanket forts, PJ selfies, and more! Girls can use #GSHPAmovienight on Instagram, Twitter and Facebook.

- Set a time with your troop ahead of time for when to start the movie and when to join in the troop discussion. GSHPA will have a Zoom event from 6-6:30pm and 8:15-8:45pm. If you would like to have your own troop discussion at the end of the movie, share with girls and parents the method of meeting and the time so everyone can join in!



### Snack Ideas:

**Movie Night Snack Tray** - Gather your favorite movie snacks or candy. Using a cookie sheet or other tray, arrange your snacks in bowls or on plates to create a colorful medley to snack on!

**Pudge's Sandwich** - Pay tribute to Pudge the fish by making a sandwich just like Lilo makes for Pudge. Lilo keeps her recipe simple, by just using two slices of bread and peanut butter, however you could add to your peanut butter sandwich any way you'd like! You could add some apricot jam, or crushed up pretzels - any concoction that sounds yummy to you!

**Pink Snow Cones** - In the montage of Lilo and Stitch becoming friends, Lilo brings Stitch a pink snow cone. You can make your own for you and your family with the help of an adult! You will need 2 cups of white sugar, 1 cup water, 1 package pink koolaid, and 12 cubes of ice. In a saucepan with adult supervision, stir together the sugar and water. Bring to a boil, and boil for about one minute.

Remove it from heat, and stir in the drink mix. Allow this to cool. Blend your ice carefully until crushed, then pour the flavor mix over the ice! and enjoy!

**A "Pupu" Platter** - Pupu is the Hawaiian word for appetizer! For this snack, create some of your favorite appetizers with an adult's help. Typically you might find egg rolls, beef skewers, chicken wings or tenders, fried wontons or crab rangoon, but you can create your own version using whatever sounds best!

*Troop Leader Tip:* Make sure all girls have their snacks and move watching buddies ready to go before starting the movie. A quick bathroom break for everyone before the movie starts is always helpful too!

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## Discussion Questions:

- 1) In this movie we hear "Ohana means family, and family means no one gets left behind". This is especially important to Lilo, and she teaches this to Stitch. What does family mean to you?
- 2) Lilo is not the definition of normal, but she enjoys dancing and playing with her doll, Scrump. She knows voodoo, loves Elvis, and feeds peanut butter sandwiches to fish that control the weather. It's what makes her happy, and that's what is important. Stitch, Nani, and David accept her. Even though others might think she is a bit odd, that doesn't stop her from doing what she likes or stop others from loving her. Is there something that you love that might seem weird to other people, but makes you happy? Did you ever feel pressured to stop liking something because it wasn't "normal"?
- 3) Nani has gone through a rough time in her life. She's lost her parents, her job, and is taking care of her little sister on her own, all while dealing with their alien dog and the evil aliens that are after him. It'd be enough to make anyone want to quit, but she still works hard to make everything better for her family. She gets frustrated sometimes, but she still keeps pushing on. Which of our Lemon Up cookies do you think Nani represents?
- 4) Let's say our Girl Scout Law together: What qualities does Lilo demonstrate from our Girl Scout Law in this movie?

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to respect myself and others,

respect authority,  
use resources wisely,  
make the world a better place,  
and  
be a sister to every Girl Scout.

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## Activity Ideas:

*Troop Leader Tip:* These activities can be done by the girls on their own, but would be great to talk about at a future virtual troop meeting!

1) Giving someone a lei is a great way to show friendship and love, or to celebrate someone. In Hawaii, Aloha! means welcome, and giving a lei is a way of greeting someone as well. For this activity, you will need yarn or thick string, cardstock or construction paper, a hole punch, drinking straws cut into 1 inch pieces, and a flower template (you can find one at the end of this guide to use!).

Start by cutting your straws into 1 inch pieces and cutting out your flowers. Punch a hole in the center of each flower, and cut your yarn or string to the desired length. Begin to add a straw then a flower, creating a pattern. You could use multiple colors of flowers and make an even brighter pattern. When finished adding straws and flowers, tie the end strings together! Now you have a beautiful lei of your own, and you could even make them for your family!

If you would like to try making a lei that is a little bit more difficult, and uses cupcake liners, you can check out [this video](#) for another fun option!

### 2) Create an Ocean Discovery Bottle

- You will need: a cleaned out bottle of any kind with a lid (water bottle, mason jar, ketchup bottle), blue glitter glue, silver glitter, sea shells or small plastic ocean animals (optional), green food coloring, and water.

- Remove any labels on your bottle and fill it half way with water. Add your glue and glitter, close the cap tightly, and shake until it is mixed smoothly! Then uncap your bottle and add your sea shells or small animals, and add water until there is about 1 inch left to the top. Add a few drops of green food coloring, and securely close your bottle (duct tape is a great way to make sure it never spills!)



## What Can You Do?

*Troop Leader Tip:* The following are ways girls can become more aware of the footprint they leave on our Earth. Some of these ideas could also be a starting point for a service project that your troop can work on together!

### 1) Plant a Tree

- Trees help to clean the air, provide shelter from the wind and sun, and provide habitat.
- There are so many options for choosing where to plant a tree to help our environment. You could choose your own backyard, or work with a local park to see if you could plant trees there! When choosing a tree to plant, you will want to do some research to find out what tree would be appropriate for the area, how big it will get, how long it will live, and proper planting and care for that species of tree.

### 2) Develop Wise Water Habits

- Wash Smart: when doing laundry, be sure to use full wash loads, or if your machine allows it, change the setting to fit the size of laundry load that you are washing.
  - Doing Dishes: If you have a dishwasher, be sure to fill the dishwasher completely before running a cycle. If you wash dishes by hand, stopper the sink rather than leave the water running.
  - For a Cold Drink: Keep a pitcher of cool water in the refrigerator. Running the water until it turns cool can waste a gallon of water per glass!
  - Don't Flush Trash: Don't flush away tissues or bits of trash, use a waste basket. If everyone in the USA flushed one time less per day, we could save a sea-full of water a mile wide, a mile long, and four feet deep, every day!
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