

GSHPA GIRL & FAMILY GUIDE TO


DISNEY PIXAR

Brave

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How to Watch the Movie:

- Brave is available on Disney+, Amazon Prime, Google Play (to rent), iTunes (to rent), Vudu (to rent) and YouTube (to rent). You are also welcome to watch it in DVD format!
 - Tune into GSHPA's Zoom event before and after the movie, starting at 6pm, to join Girl Scouts all over council in getting excited for the movie and talking about it afterwards.
 - Jazz up your movie watching space! Create a blanket fort, or a pillow bed, wear crazy socks and fun PJ's, invite your favorite stuffed animals to join you, and get some tasty snacks ready!
 - Share your snacks, opinions, movie watching buddies, blanket forts, PJ selfies, and more! Girls can use #GSHPAmovienight on Instagram, Twitter and Facebook.
 - Some troops may choose to have a discussion together after the movie. Your Troop Leader will let you know how you will be doing a virtual discussion together! If you are watching the movie on your own, GSHPA will have a Zoom event before the movie (6-6:30pm), and after the movie (8:15-8:45pm), and we would love to have you join us!
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Snack Ideas:

Movie Night Snack Tray - Gather your favorite movie snacks or candy. Using a cookie sheet or other tray, arrange your snacks in bowls or on plates to create a colorful medley to snack on!

Macintosh and Cheese - The clan Macintosh arrives in time for the Highland games in the movie. Fuel up for the games with some Mac(intosh) and cheese! You can customize your dish any way you'd like!

Wee Bears Snack Mix - For this snack, you will need teddy graham cookies (Merida's wee brothers), red and orange M&Ms or skittles (Merida's fiery hair!), chex mix (the Tartan pattern on kilts) and mini marshmallows. Mix everything together and you have Wee Bears Snack Mix!

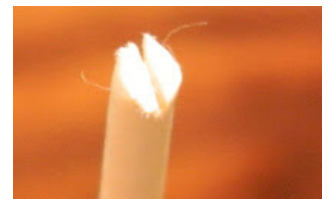
Shortbread and Cocoa - Shortbread has been a very popular dessert in Scotland for centuries. It used to be served only for special occasions such as weddings, because it was considered a delicacy! For this snack, grab a box of Trefoil cookies, or other shortbread cookies, and whip up a mug of hot cocoa to dip them in!

Activity Ideas:

1) In the Highland Games scene we see different clans come together to compete. Each clan has their own crest displayed on a banner. Many families also have a family crest that their ancestors used. For this activity, you will be creating a crest of your own! You can use paper, markers, crayons or paint. First, you will want to pick a shape, and draw it large enough to fill your page (the shape of a shield, an oval, circle, etc.), and divide your shape into 3 or 4 sections. Next, think about things that are important to you, or to your family, and create drawings of these things inside of your shape.

2) Merida is an expert archer. She can shoot her arrows with extreme precision, and beats out all of the boys competing for her hand in marriage. For this activity, we will be making mini bows and arrows. You will need popsicle sticks, dental floss or fishing line, scissors, and cotton swabs. First, soak your popsicle sticks in a bowl of water for an hour or two. About half way through the soaking time, use the scissors with an adult's help to cut two notches

on each end. Once the soaking time is up, carefully try to bend the stick without breaking it. If it begins to break, soak a little longer. When you have a nice bow shape, tie the fishing line/floss on one end and wrap it around that end a few times. Then bring it to the other end and wrap a few times, tying it off with a dab of hot glue (with an adult's help). Next, cut one end off of your cotton swabs, and with an adult's help cut a small notch in the end, so that the fishing line/floss has something to hold onto. You can then decorate the popsicle stick as you would like, then start your archery practice!



What Can You Do?

1) Create a Compost Bin

- According to the EPA, the average person creates 4.4 pounds of trash every day! A lot of that trash ends up in a landfill, but not all of it has to. Organic waste from food scraps can be composted, and reduce the amount of trash that ends up in a landfill.
- Before you set out on your composting journey, research what kind of waste can be composted. With your family's help, decide on the best way to construct your compost bin. Check out [this site](#) for ideas!

2) Build a Bean Teepee to help your backyard wildlife

- For this fun project you will need to start with three 5-to-7-foot lightweight poles made out of PVC pipe or bamboo. Use twine, string or masking tape to connect them at one end to make the teepee frame and then set it in a fairly flat place outside in your yard. You can then plant cowpeas -- or any bean that grows vines -- in the ground or a container at the base of each pole. As the beans grow, the vines will cover the poles and create a fun teepee to play in, as well as a source of food for a variety of wildlife, including birds, insects, squirrels and deer.

