

GSHPA TROOP LEADER MOVIE GUIDE TO

DISNEY'S

Mulan

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Troop Leader Tip: Use the following guide with your troop as you all watch the movie virtually together! In this guide you will find snack ideas, discussion questions, activities the girls can do, as well as ways we can be more responsible in leaving less of a footprint on our Earth.

Virtual Movie Night Tips:

Options to Watch as a Group:


- 1) Google Hangouts
- 2) Skype
- 3) Facetime
- 4) Facebook Video Call
- 5) Multi-Way Phone Call
- 6) Zoom - free to use for 40 minutes (to use as a troop, girls can watch the movie on their own then join the Zoom meeting for discussion after!

- Tune into GSHPA's Facebook Live event before and after the movie, starting at 6pm, to join Girl Scouts all over council in getting excited for the movie and talking about it afterwards.

- Encourage girls to share their snacks, opinions, movie watching buddies, blanket forts, PJ selfies, and more! Girls can use #GSHPAmovienight on Instagram, Twitter and Facebook.

- Set a time with your troop ahead of time for when to start the movie and when to join in the troop discussion. GSHPA will have a live Facebook event from 6-6:30, and 8:15-8:45. If you would like to have your own troop discussion at the end of the movie, share with girls and parents the method of meeting and the time so everyone can join in!

- Don't forget to let girls know that they can invite friends who are not Girl Scouts to join in the movie night fun as well!



Snack Ideas:

Movie Night Snack Tray - Gather your favorite movie snacks or candy. Using a cookie sheet or other tray, arrange your snacks in bowls or on plates to create a colorful medley to snack on!

Tea & Cookies - Tea drinking was popular in ancient China, because tea was considered a daily necessity. For this movie, make your favorite type of tea, or try a few different types! Then experiment with Girl Scout cookies to see which cookie pairs best with your tea.

Scrumptious Sushi - For this snack, you can choose whether you want to make candy sushi, or fruit sushi! For candy sushi, you will need rice krispie treats, fruit roll ups, and gummy fish. Breaking the rice krispie treat into two or three pieces, place a gummy fish on top, and wrap with the fruit roll up. For fruit sushi, use banana slices instead of rice krispies, and cut up strawberries or your favorite fruit in place of the gummy fish!

Down to Business Porridge - This is a dish that we see Mulan eat in the movie. You will first need to make porridge or oatmeal as your base. Next, with an adult helping, fry two eggs and a strip of bacon. Finally place the eggs and bacon in the bowl with your porridge or oatmeal, and enjoy!



Troop Leader Tip: Make sure all girls have their snacks and move watching buddies ready to go before starting the movie. A quick bathroom break for everyone before the movie starts is always helpful too!



Discussion Questions:

Troop Leader Tip: Have girls demonstrate for question one by running "like a girl" or throwing "like a girl"

1) What does it mean to do something "like a girl"? Sometimes "like a girl" can be meant as a bad thing. For example, have you ever heard someone say "You run like a girl", and mean it in a bad way? Mulan proves to us though that doing things like a girl isn't a bad thing, it's actually a great thing, and she saves China by doing things like a girl, like herself! How does she prove that doing things like a girl is a good thing?

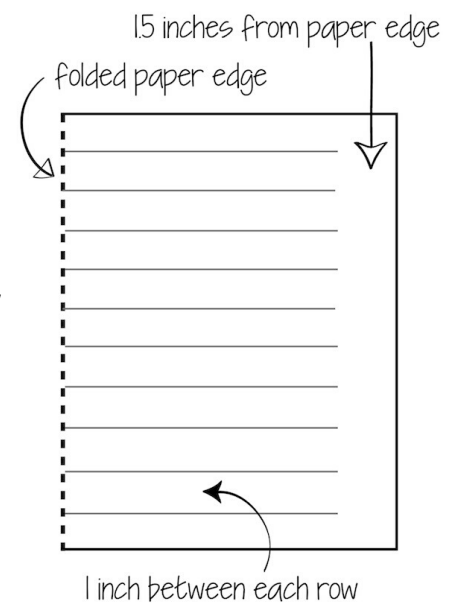
2) Mulan is told that she would bring honor to her family by going to the matchmaker and finding a husband. For the men in China though, honor is found in fighting in the war. Do you know what the words femininity and masculinity mean? How does the movie show femininity and masculinity? [the women getting dressed nicely their makeup done, acting a certain way; the men fighting, being gross, spitting] How does Mulan use both her feminine skills and the more "masculine" skills of fighting to defeat Shan-Yu, and show us that there is strength in femininity?

- 3) In what ways do you think Mulan pushes the men in the movie to consider women as equals?
- 4) At the beginning of the movie, Mulan is reciting things that make a good daughter, such as quiet, graceful, polite, and punctual. Are these goals that girls today aspire to? What things do you think make you a great daughter?
- 5) Mulan is considered a Disney Princess, but she is not technically a princess. She was not born into royalty, and Li Shang is not royal, so she does not marry into royalty. In what ways do you think Mulan shows the qualities of a princess?

Activity Ideas:

Troop Leader Tip: These activities can be done by the girls on their own, but would be great to talk about at a future virtual troop meeting!

1) Chinese New Year is celebrated in many countries, including China. During the festivities, ancestors are honored and ceremonies are held to welcome the new year with luck, wealth and happiness. The celebrations typically last 15 days and can include dragon dances, gift exchanging, fireworks and lantern festivals. For this activity, we will be making paper lanterns! You will need paper (computer or construction paper), a pencil, a ruler, scissors, tape, string and coloring utensils. First, fold your paper in half, like a hamburger. Then following the diagram, lightly draw lines on your paper. You can then unfold the paper and decorate it any way you would like. Once decorated, fold the paper again, and cut carefully along your horizontal lines. Roll the paper to form a tall tube, and tape the tube together. You can then punch holes at the top for string, or tape string inside the lantern. You now have a Chinese lantern to remind you of Mulan's courage and strength!



2) Ancestors are very important in Chinese culture, and we see that in Mulan as well. Using a large piece of paper, and markers or crayons, draw a family tree. With help from your family, see how far back you can trace your ancestors!

What Can You Do?

1) Use recycled paper

- A simple way to do our part to save trees is to recycle paper. Both of our movie night activities involve using paper, so this is the perfect time to start recycling! Instead of throwing away paper that has writing on one side, reuse that paper by using the blank side for your next project. Another way we can recycle paper is by being mindful when buying school supplies like notebooks and folders. There are many options that are made from recycled materials now!

2) Get Creative!

- During this time of staying home, it is the perfect opportunity to get creative. Instead of going to a craft store, think about items around your home that can be recycled for your creative projects. Toilet paper tubes, egg cartons, popsicle sticks, old magazines, and more can be used to create an unlimited number of projects!

