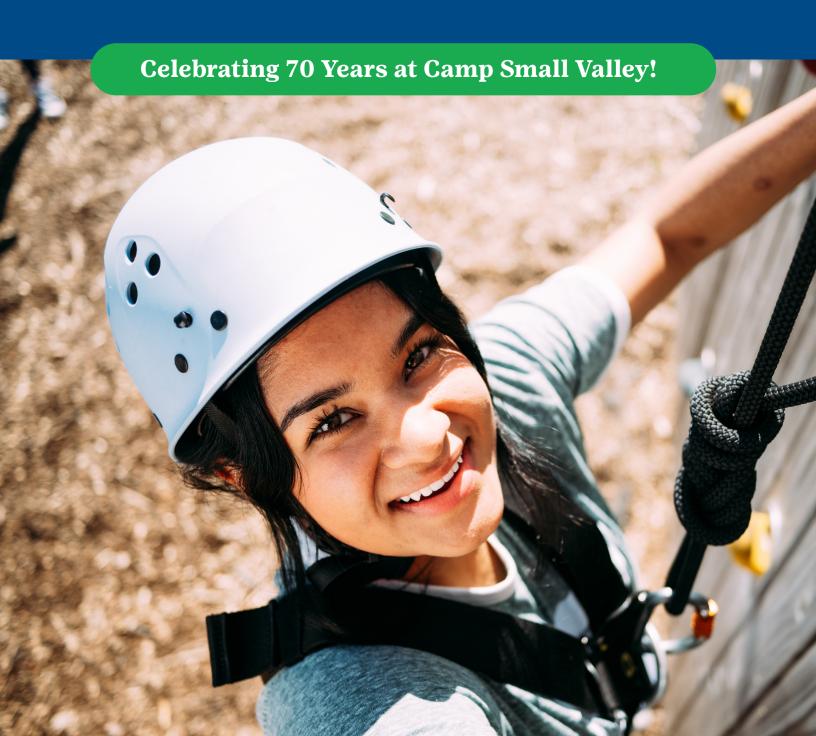
girl scouts
in the heart
of pennsylvania

# 2025 Summer Camp Guide



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## **Dear Campers and Families**

**Welcome to summer camp!** An unforgettable summer awaits. Whether this is the beginning of your Girl Scout adventure or you're a seasoned camper ready for new challenges, camp is the ideal place to create lasting memories. Laughter, cheers, and camp songs will fill the air again, and we can't wait to share this incredible experience with each of you as part of our 2025 camp season.

This year, we've reimagined camp to offer even more chances to challenge yourself, discover new passions, and dive into exciting new adventures.

If your camper isn't already a Girl Scout, no worries at all! When she registers for camp, she'll become a member. Many girls come to camp each year as Juliettes, the Girl Scout term for individually registered girls who participate in Girl Scouts, without being part of a troop. And if your whole troop wants to sign up for camp together this summer, we have options for that too.

We understand that sending your daughter to camp means placing your trust in us to provide a safe and memorable experience. We take this responsibility very seriously, and we are grateful for the opportunity to help her make memories that will last a lifetime.

Please take a few moments to review the full 2025 Girl Scouts in the Heart of Pennsylvania Summer Camp Guide. We have an adventure waiting for your Girl Scout!



## What Makes Girl Scout Camp Special

#### **Discover the Outdoors**

Archery. Swimming. Hiking. Ziplining. Rafting. High ropes. Low ropes. Campfires. S'mores. At camp, every girl is encouraged to step outside her comfort zone and gain confidence while having fun. Camp is truly a transformative experience. When girls leave home and immerse themselves in the camp environment, they not only learn new skills but also grow stronger, more confident, and happier — while forming lasting friendships. Our trained and experienced staff are dedicated to supporting girls, ages 5 to 17. Our fun and dynamic programs are tailored to girls' interests, allowing them to explore their passions and embrace healthy, exciting challenges in a safe and encouraging environment. At camp, every girl can increase interest, confidence, and competence in the outdoors. Set her free and watch her grow.

#### **Disconnect from Personal Devices**

Residence camp offers all the benefits of technology as girls explore STEM in the outdoors while escaping from the burdens of constant cell phone connectivity. In our cell phone-free environment, girls focus on making new friends, in person, in real time, without filters or distractions. Girls: Be With Your Friends Who Are Here.

### The Girl Scout Difference: An All-Girl Environment

Girl Scouts provides a space just for girls, in which each girl is free to explore her interests and take the lead without the distractions or pressures that can be found in a mixed-gender environment. The fact is most of a girl's life is spent with boys. But the girl-led, girl-friendly space offered by Girl Scouts fosters collaboration instead of competition, and promotes support among girls, enabling them to stretch beyond their limits and transfer valuable knowledge and skills to any environment, both now and in the future. The need for female leadership has never been clearer or more urgent than it is today — and Girl Scouts is the premier girl leadership organization in the world.

Overnight summer residence camp is open to all who identify as girls, live culturally as girls, are recognized by family and friends as girls, and are biologically female. For those who live culturally as girls but are biologically male, feel free to explore our family and day-long girl programming events.

## Girl Scouts in the Heart of Pennsylvania

Girl Scouts actively create the world they envision and work to improve it every day. They explore their strengths, take on new challenges, and build confidence as they grow into strong, passionate leaders ready to take on the future.

### **Our Mission**

Building girls of courage, confidence, and character, who make the world a better place.

### **Girl Scout Promise & Law**

Girl Scouts uphold the Promise and Law in everything we do.

#### **Girl Scout Promise**

On my honor, I will try To serve God and my country, To help people at all times, and to live by the Girl Scout Law.

#### **Girl Scout Law**

I will do my best to be honest and fair, friendly and helpful, considerate, and caring, courageous and strong, and responsible for what I say and do, to respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.



## Celebrating 70 Years of Camp Small Valley!

Founded in 1955, Camp Small Valley is the largest of Girl Scout in the Heart of Pennsylvania's four camps, totaling 762 acres nestled in the mountains of Dauphin County, about 30 miles north of Harrisburg. Camp Small Valley is within two hours driving time of over 80% of our council's membership.

Camp Small Valley includes every step of Girl Scout outdoor progression with overnight experiences ranging from modern to rustic. Additionally, the camp features a dining hall with a large capacity kitchen, hiking trails, a pool, climbing wall, high ropes course, team-building elements, a gaga pit, sports sheds, and an education center.



## **Camp Units**

Unit arrangements vary and campers will be placed in sleeping units based on age level. Camp staff are housed within each unit in a separate cabin or tent.



#### **Mattis Lodge**

Sleeps up to 30 campers. Bathrooms with flush toilets and showers are located in the lodge.



#### **Squirrels Nest**

Tent units that sleep up to 24 campers on cots (4 per tent). Flush toilets and showers available in the unit area.



## The Glade & The Glen

Cabins sleep up to 24 campers on bunk beds (6-8 per cabin). Bathrooms with flush toilets are located in the unit area. Showers are located in the pool house.



#### **Acorn Flats**

A-frame cabins that sleep up to 18 campers on cots (4 per a-frame). Pit toilets and washstand are located near the unit. Showers are in the pool house.



#### Yurt Village: Black Bears & White Tail

Yurts sleep up to 24 campers on bunk beds (12 per yurt). Flush toilets and showers available in the unit area.



#### Oak Knob

Yurts sleep up to 24 campers on bunk beds (12 per yurt). Pit toilets and washstand are located near the unit. Showers are in the pool house.

## **Registration and Important Dates**

- ➤ Registration open date: Thursday, Dec. 19, 2024
- ▶ **Registration deadlines:** 4 weeks before each chosen camp program or until it is filled whichever happens first. Camp session capacity and space availability can be viewed online. Camp Small Valley Patches and advertised badges will only be given out to girls who are in attendance.
- **Camp forms and balance due:** 4 weeks before each chosen camp program.
- ➤ Summer Camp Open House: Sunday, April 13, 2025



Scan QR code to register for the Summer Camp Open House.



Scan QR code to view all Summer Camp Sessions on our Events page.

### Register for camp via MYGS account

- ➤ Once you select a specific camping program, find your session(s) via the Event Calendar or event list. Visit <a href="www.gshpa.org">www.gshpa.org</a> and click on the "Events" tab. Scroll through the Events list to find your session's registration link.
- ▶ Have multiple Girl Scouts in your family? No problem! You can go back to the list or calendar to find the registration links and keep adding sessions (for each Girl Scout) to your shopping cart and complete it all in one transaction.
- ▶ Non-members will need to become a Girl Scout member, for \$45 per person, before starting their GS event registration. Visit our website to become a member today.

## **Registration Types**

### **Individual Girls**

Girl Scouts attend summer camp on their own, at a time that fits their schedules. Girls do not need to attend with their troops to experience the fun of Camp Small Valley. Because girls often attend individually, camp is a great opportunity to make new friendships that will last a lifetime.

#### **Buddies**

Girls are invited to bring friends to summer camp. Their buddies can already be members, or they can invite a friend who will become a member before attending camp. Both campers should sign up for the same camp session. When filling out your forms, there will be a field to indicate a buddy who is signing up for the same camp session. Both campers will need to have their buddy listed when registering to be paired together.

### **Families**

If your camper wants to bring a parent/guardian, grandparent, aunt, uncle, sibling, troopmate, or friend to join their outdoor experience, look for the My Bestie & Me, Big Sis/Little Sis, Mommy & Me, and Camping with Dad camping opportunities this summer. We are also offering a Family Adventure Day for the whole family to enjoy camp together. These events are designed to gently guide even the youngest campers outside of their comfort zones, challenging them to take positive risks and engage in interactive activities.





### **Troop Registration and Discounts**

### **Troop Incentive:**

#### **Traditional Overnight Camp**

- ▶ Bring your whole troop to camp! Troop leaders can sign up 3+ Girl Scouts in their troop for Girl Scout in the Heart of Pennsylvania's 2025 Summer Camp Session and receive \$25 off per girl. Troop leaders and service unit leaders are welcome to include Juliettes for the same discount. Important notes about the Troop Incentive:
- ▶ Mini Overnight Camp (2-night): register 3+ girls and receive \$15 off per girl.
- ► Each girl must be an active member in a troop. You can confirm active membership and/or troop participation in **myGS**.
- ➤ You must register a minimum of 3 girls, for the same week of camp, to be eligible for this discount.
- ➤ This discount is for *new orders only*. Girl Scouts in the Heart of Pennsylvania will not be able to apply a discount to a registration already processed through **gsEvents**.
- ➤ Troop Incentive offer ends **Tuesday**, **April 22**, **2025**.

To receive the discount, troops are required to fill out the Troop Participation Form, found on our <u>Summer Camp Webpage</u>, or by reaching out to <u>memberservices@gshpa.org</u> with the subject line, *Requesting Troop Discount for Summer Camp*.

### **Multi-Session Discount**

**Are you registering your girl scout(s) for 2 or more sessions? STOP!** If a girl signs up for more than one session she gets \$50 off of each additional session. Click **here** to request the discount code.





### Other Ways to Pay for Camp

### Camp Credits and GO! Dough

Cookie Reward Camp Credits may be applied toward any of your camp registration fees, excluding the \$50 non-refundable deposit. To use Cookie Reward Camp Credits as payment, please contact Member Services at <a href="mailto:memberservices@gshpa.org">memberservices@gshpa.org</a> (include the subject line: Credits for Summer Camp), after you complete the registration process and place your deposit.

Girl Scouts can use GO! Dough as a payment option, which they earn by selling cookies and Fall Product. To use GO! Dough, follow these steps:

- ▶ Pay the \$50 non-refundable deposit per camp session.
- ➤ Fill out the following form to request using GO! Dough to cover the outstanding balance: <a href="https://girlscoutsintheheartofpa.jotform.com/242825964142157">https://girlscoutsintheheartofpa.jotform.com/242825964142157</a>

If your Girl Scout does not have enough GO! Dough to cover the outstanding balance, pay the remaining balance on the camp session.

### **Financial Aid for Camp**

Girl Scouts in the Heart of Pennsylvania is committed to making sure that camp is accessible to all of our Girl Scouts. Families requesting financial assistance who would like to bypass the non-refundable \$50 deposit must call into Member Services at 717-233-1656 to register. If you are comfortable paying the \$50 non-refundable deposit, you may proceed with registering through myGS. Please note if you decide to pay the deposit without calling in and are approved for financial assistance, the \$50 deposit will not be refunded, but the remaining balance will be covered.

The form to request financial aid for camp will be emailed to you, the week after you register through GS events. This form must be completed within 2 weeks of your GS event registration, or her slot will be forfeited and opened to other campers. If approved, financial aid covers the entire balance. Be aware that financial assistance is a finite resource. For more information on financial aid qualification and availability, please contact **memberservices@gshpa.org** or **717-233-1656**.



## Deposits, Refunds, and Cancellations

### **Camp Forms and Initial Deposit**

A \$50 non-refundable deposit is required to secure your girl's spot at the time of registration, unless you apply for financial aid. Camp Forms will be included in your registration email, sent the week after you register. All forms and full payment are due four weeks prior to your chosen camp session's start date. If the necessary forms and full payment amount are not received four weeks prior to this start date, your camper's slot will be forfeited and opened to other campers.

Be prepared to enter all your information at once, which will take approximately one hour or less, as our platform will not save partial submissions or incomplete entries. You will need the following information for most camp sessions:

- Name and date of your camp sessions
- ➤ Camper's medical insurance details from your ID carrier including name of insured policy holder, policy/group numbers, insurance company phone number, etc.
- ▶ Camper's physician and dentist, including name, address, and phone number.
- ▶ Camper's immunization records
- Medical conditions and health history
- ▶ Camper's prescription and over-the-counter medications, including dosage

### Refunds

Requests for refunds must be submitted in writing to <u>memberservices@gshpa.org</u> by May 16, 2025, for consideration. Refunds are not issued for registrants who do not attend, including the \$50 deposit. Refunds due to illness or injury require a doctor's note for consideration after May 16, 2025.

### **Cancellations**

Girl Scouts in the Heart of Pennsylvania reserves the right to cancel a camp session due to insufficient registration, acts of nature or other reasons beyond our control. In the event a camp session is canceled, a full refund will be issued. For cancellations, email notification will be sent to each registrant. Phone numbers and emails can be updated at any time through the Program/Event Registration System when you visit your online profile on our website at <a href="https://www.gshpa.org">www.gshpa.org</a>.

### ACA Accredition, Safety, and Staff Training

Girl Scout Camp programs are designed to allow campers to take healthy risks in a safe and nurturing environment. Our experienced staff receive extensive training before camp and are chosen for their maturity, energy, and ability to be positive role models for your child. Camp Small Valley is proud to be accredited by the American Camp Association (ACA), a national organization that sets high standards for the health and safety of campers and staff as well as the delivery of quality programs. In addition to meeting the established health, safety and program standards set by federal, state, and local government, our camps also meet all standards set by Girl Scouts of the USA.

### **Staffing - A focus on Caregiving**

One of the most important components of a good camp experience is the staff. We have a variety of camp staff including cooks, healthcare staff, activity staff, unit staff, and more.

We select staff based on maturity, program skills, experience, and their ability to serve as role models. All campers are under the supervision of trained camp staff 24 hours a day and all our staff are required to attend extensive pre-camp training.

*All staff* are certified in the following as part of their pre-camp training:

- ▶ American Red Cross First Aid/CPR/AED for children and adults
- Anaphylaxis and Epinephrine Auto-Injector Administration Skill Boost
- > Asthma and Quick-Relief Medication Administration Skill Boost

In addition to the above trainings, our *waterfront staff* are trained in the following:

- ▶ American Red Cross Lifeguarding Course Requirement
- Waterfront Lifeguard requirements

Adventure staff are certified in safety, teaching, equipment, and emergencies by The Adventure Network which, in turn, is certified by the Association for Challenge Course Technology (ACCT). The ACCT is considered the top standard for safety and training in the adventure course industry.



# Is My Girl Scout Ready for Summer Camp?

### Here are some signs that your camper is ready to have a blast at camp!

She has successfully spent the night away from home, at a friend or relative's
house.
She likes to spend time outdoors, be active and learn new things.
She wants to go to camp.
She enjoys making new friends.
She can compromise with classmates.
She can adapt to new places and try new things with some encouragement.
She can follow direction.
She can engage in active camp life.
She is willing to do her share in planning and clean-up.
She can shower, brush her teeth, manage personal hygiene and do her hair with
little guidance.
She is willing to eat, sleep, and play with all girls, not just with best friends.
She has a family that is willing to let her go away for a few days for a fun and
rewarding experience that builds skills self-worth and independence

We share your desire to find the best experience possible for your daughter, and for this reason, we offer a rich progression of sessions to get her used to attending Summer Camp. You can choose from a variety of options such as a weekend camp with an adult chaperone, a two-night mini-camp, and traditional week-long sessions.



## **2025 Traditional Camp Packing List**

Campers are responsible for all items brought to camp. Label everything! Girl Scouts in the Heart of Pennsylvania is not responsible for lost, damaged or stolen items. Please be advised that the list below represent supplies for resident camp (6 days, 5 nights).

Sleeping Essentials	Miscellaneous
<ul><li>Sleeping bag or heavy blankets</li></ul>	☐ Prescription and over-the-counter
☐ Pillow(s) & extra pillowcase	medication to be turned into the camp
☐ Fitted sheets (twin size)	healthcare staff at check-in
Personal Hygiene	☐ Backpack
□ 2-3 washcloths	☐ Refillable water bottle (with name)
☐ Shampoo/conditioner (4 nights	☐ Sunscreen
worth)	☐ Insect repellent
☐ Body wash/soap	☐ Sunglasses
<ul><li>Deodorant</li><li>2 towels (swimming &amp; showering)</li></ul>	☐ Bandana/hat and hair ties
☐ Toothbrush and toothpaste	☐ Chapstick
☐ Hairbrush/comb	☐ Flashlight/headlamp (extra batteries)
☐ Shower caddy or bag	
	Optional Items
Clothing	<ul><li>Disposable camera (no phones allowed)</li></ul>
☐ Shorts/athletic shorts for each day	☐ Comfort item (example: stuffed
<ul><li>2-3 pairs of long pants</li><li>Shirts for each day (no strapless.</li></ul>	animal)
lowcut or crop)	<ul><li>Reading materials</li></ul>
☐ Sweater, sweatshirt, or jacket	☐ Playing cards/non-electronic games (if
<ul> <li>Undergarments (required daily,</li> </ul>	deemed inappropriate for camp, items
pack extra!)	will be held until the end of camp and
<ul><li>☐ Socks (required daily, pack extra!)</li><li>☐ 2 bathing suits</li></ul>	returned at check-out)
☐ Pajamas (nights are cold/hot, bring	☐ Stationary, pen/pencil, stamps,
options)	envelopes
☐ Raincoat or poncho (no umbrellas	$\square$ Swim vest (only if needed to swim)
please)	$\square$ Earplugs or sleeping mask for light
<ul><li>2 pairs of sneakers or hiking boots</li><li>1 pair of waterproof boots (rain</li></ul>	sleepers
boots)	☐ Water shoes (with a back) for creek
☐ Flip flops or crocs for pool area	activities (no flip flops)
and showering	☐ Feminine sanitary products (if needed)
	☐ Small battery-operated fan for sleeping

### Please Do Not Bring the Following!

#### Food/Snacks/Candy

Food attracts critters (skunks and raccoons, etc.) and can be dangerous to girls with severe food allergies. Any food or candy girls bring with them will be held until the end of camp and returned at check-out. Please do not send food, candy, or snacks in care packages.

#### **Cellphones and Electronic Communication Devices**

Items like cell phones, smart watches, and iPads are not permitted on camp by campers. If brought to camp, they will be labeled and kept in the office until check-out time.

#### Valuable Items

iPods, electronic games, expensive jewelry, a favorite outfit, or anything else that might be considered valuable should be left at home. These items could be damaged or lost at camp.

#### **Other Items**

Weapons, fireworks/sparklers, alcohol/tobacco/illegal substances, lighters, personal sports equipment, animals/pets.



## **Family Summer Camp Sessions**

Click the title of each camp session to register for it. For events with multiple dates, please click the date you're interested in registering for, instead.

#### Family Adventure Day (June 26, \$30 per person)

Join us for Family Adventure Day at Camp Small Valley, where families and troops can experience a fun-filled day of summer camp activities. There's something for everyone to enjoy, and yes, adults get to participate too. Choose from activities including high ropes, climbing wall, archery, swimming, hiking, arts & crafts, science, and dramatic arts. Your girl will love her first taste of camp so much, she'll be eager to return next year! This event is open to all families with at least one girl (5 years or older) participating, and no current Girl Scout membership is required. Snacks and lunch will be provided. Activities are designed for various ages: high ropes (12+), climbing wall (8+), and archery (7+).

#### Mommy and Me at Camp Happy Valley (July 11 - 12, \$75 per person)

Bring your mom, grandmother, aunt, or significant female adult to camp for a night of camping fun! Enjoy classic camp activities, such as cooking your meals over a campfire, swimming in the pool, hiking the trails, doing arts & crafts and exploring other camp adventures. Please note that campers must be 7 years old for archery and 8 years old for the climbing wall.

#### Mommy and Me at Camp Furnace Hills (July 18 - 19, \$75 per person)

Bring your mom, grandmother, aunt, or significant female adult to camp for a night of camping fun! Enjoy classic camp activities, such as cooking your meals over a campfire, swimming in the pool, hiking the trails, doing arts & crafts and exploring other camp adventures. Please note that campers must be 7 years old for archery and 8 years old for the climbing wall.

#### Mommy and Me at Camp Small Valley (July 25 - 26, \$75 per person)

Bring your mom, grandmother, aunt, or significant female adult to camp for a night of camping fun! Enjoy classic camp activities, such as cooking your meals over a campfire, swimming in the pool, hiking the trails, doing arts & crafts and exploring other camp adventures. Please note that campers must be 7 years old for archery and 8 years old for the climbing wall.

#### Camping with Dad at Camp Small Valley (August 1 - 2, \$75 per person)

Bring your father, grandfather, uncle, or significant male adult to camp for a night of camping fun! Enjoy classic camp activities such as cooking your meals over a campfire, swimming in the pool, hiking the trails, doing arts & crafts and exploring other camp adventures. Please note that campers must be 7 years old for archery and 8 years old for the climbing wall.

#### Big Sis, Little Sis at Camp Small Valley (July 27 - 29, \$260 per person)

Girl Scout Brownies through Ambassadors and their sisters (or cousins) are invited to camp together! Bunk together, share songs, play games, and team up for traditional camp activities like swimming, hiking, and campfire cooking. Campers must come as a pair and should be related: register individually and list your sister's (or cousin's) name as your buddy.

## **Brownie Summer Camp Sessions**

Click the title of each camp session to register for it. For events with multiple dates, please click the date you're interested in registering for, instead.

#### Brownie Explorer (June 22 - 24, \$260)

Ready to discover what Camp Small Valley has to offer? Enjoy a mini week of camp filled with hiking the trails, swimming in the pool, singing around camp, crafting new things, experimenting in the science lab, and cooking over the campfire. With your new group of Brownie friends, you will learn a variety of outdoor skills and explore all the wonders of being at camp. **Campers will earn the Cabin Camper Badge.** 

#### Swiftie Dream Camp (June 29 - July 4, \$450)

At our Taylor Swift-themed camp, young campers will have the chance to dress up like their favorite Taylor Swift Eras and show off their style! They'll get creative by making friendship bracelets and learning fun Taylor Swift dances to some of her most popular songs. It's the perfect place to make new friends, have a blast, and feel like a superstar! You will still get to enjoy classic camp activities like singing, hiking, swimming, campfire cooking, and arts & crafts. Campers will earn the Taylor Swift Specialty Badge.

#### Friends in Fairyland (June 29-July 1, \$260)

Explore the magical fairylands of Small Valley with your new camp friends. Make your own fairy wings, build houses for the fairies of our enchanted forests, or have a teeny, tiny tea party. Take a hike to look for "fairies" and explore the natural world that fairies love. You will make your own wand and display acts of fairy kindness around camp. You will still get to enjoy classic camp activities like singing, hiking, swimming, campfire cooking, and arts & crafts. **Campers will earn the Outdoor Adventurer Badge.** 

#### **Splish, Splash (July 6 - 8, \$260)**

Enjoy a world of water fun! Water balloon volleyball, a splash contest, water aerobics, and more! Spend each day swimming and learning about water safety. Discover all the fun at Camp Small Valley by also enjoying field games, hiking, arts & crafts and camp songs. **Campers will earn their Wonders of Water Journey.** 

#### Super Scientists (July 6 - 11, \$450)

Become a scientist as you learn about density and static electricity, try fizzy experiments, make silly putty, and more. When your experiments are complete, try out camp activities like crafts, games, songs, and s'mores. **Campers will earn the Home Scientist Badge**.

#### Princess in Training (July 13 - 18, \$450)

Princess in Training Camp offers a magical experience where campers will engage in creative arts, storytelling, dance, and exploration of all things royalty, from past to present. In addition to princess-themed activities, camp will also include regal crafts, royal dances, enchanting storytelling, and noble quests, allowing campers to immerse themselves in a world of fantasy. When not fulfilling your royal duties, you will enjoy camp activities such as hiking, swimming, and cooking over a campfire. **Campers will earn the Fairy Tales Badge.** 



## **Brownie Summer Camp Sessions**

Click the title of each camp session to register for it. For events with multiple dates, please click the date you're interested in registering for, instead.

#### **Camp Teddy Bear (July 20 - 22, \$260)**

Meet your new Teddy Bear friend at camp! Participate in un-BEAR-ably fun activities such as art, swimming, hiking, and s'mores. Even have a special Teddy Bear tea party with your new camp friends while singing songs. (Campers will be given a special new teddy bear at camp as part of the program). **Campers will earn the Making Friends Badge.** 

#### Climb Up & Away (July 20 - 25, \$450)

Get ready to learn to climb and conquer the rock wall. You will give our team-building course a try with your new friends in your unit. Can you complete all the challenges? Campers will also take part in traditional camp activities such as swimming, creek stomping and arts & crafts. **Campers will earn the Climbing Adventure Badge.** Campers must be 8 years old by the start of the camp session.

#### **Superheroes in Training (July 27 - Aug 1, \$450)**

Calling all future superheroes! Campers will discover their inner strength while learning how to work as a team, problem-solve, and build their confidence. From obstacle courses to crafting their own superhero costumes, girls will train to unleash their superpowers and save the day! By the end of the camp, they'll have the skills to be everyday heroes in their own communities. When campers are not busy in their superhero training, they will participate in classic camp activities such as hiking, swimming, and cooking over a campfire. **Campers will earn the First Aid Badge.** 

#### **Spy Girls (August 3 - 8, \$260)**

Get ready for an action-packed adventure as you learn how to be a spy at camp! You'll create your own spy tools, track suspects, and play with high-tech gadgets just like a real secret agent. Test your skills by cracking codes, going geocaching, and solving a thrilling mystery. Plus, you'll have time for all the classic camp activities like crafts, swimming, and exploring the great outdoors. Get ready to unleash your inner spy! **Campers will earn the Senses Badge.** 

#### Around the World (August 3 - 5, \$450)

Get ready to embark on an exciting global adventure at camp! Each day, you'll explore new countries with activities like making Italian mosaic art, making Australian boomerangs, and learning to cook Mexican tacos. You'll also get the chance to try international games, such as soccer in Brazil and a scavenger hunt in Egypt. Dive into global traditions by crafting Indian henna designs, building a Japanese Zen Garden, decorating Russian nesting dolls, and participating in a Chinese dragon dance. When you are not doing your globetrotting activities, enjoy classic camp activities like swimming, singing, and hiking. Get ready for a fun-filled journey that brings the world right to your camp! **Campers will earn the Girls of Many Lands Badge.** 

#### **Brownie Bites (July 13 - July 15, \$260)**

During your delicious days at camp, learn the basics of baking, both indoors and over the fire. You'll whip together cookies and cakes, learn to knead bread, and even cook tasty treats to share with other groups! Campers will also take part in traditional camp activities such as swimming, creek stomping and arts & crafts. **Campers will earn their Snacks Badge.** 

## **Junior Summer Camp Sessions**

Click the title of each camp session to register for it. For events with multiple dates, please click the date you're interested in registering for, instead.

#### <u>Junior Explorers (June 22 – 24, \$260)</u>

Experience everything camp has to offer and try a little bit of everything! Spend your days playing games, hiking, and making new friends. You will learn a variety of outdoor skills, including how to read a compass, tie knots, cook over a fire, and try your hand at archery. **Campers will earn their Camper Badge.** 

## Rock 'n' Swing (<u>June 29 – July 4</u> | <u>July 6 – 11</u> | <u>July 13 – 18</u> | <u>July 20 - 25</u> | <u>July 27 - Aug 1</u> | <u>Aug 3-8</u>, \$450)

At our Junior-level adventure camp, thrill-seekers can challenge themselves on the giant swing, conquer the climbing wall, and navigate the low ropes course. With each activity designed to push limits and build confidence, campers will experience the excitement of reaching new heights—both literally and figuratively. It's a perfect opportunity to step out of your comfort zone, make new friends, and have an unforgettable adventure! When you are not navigating the adventure elements enjoy classic camp activities such as swimming, hiking, singing, cooking outdoors and creating crafts. **Campers will earn the Climbing Adventure Badge.** 

#### Mermaid Tails (June 29 - July 4, \$600)

Fulfill your dreams of being a mermaid and swimming with a beautiful mermaid tail! Learn all the safety and techniques of using a mermaid tail while swimming by a professional mermaid swim instructor. Campers will also take part in traditional camp activities such as swimming, creek stomping and crafts. Campers must be confident swimmers and able to swim underwater and tread water without using their hands for 1 minute. Refunds will not be given to campers who do not pass the swim test. **Campers will earn the Mermaid Specialty Badge.** 

### Swiftie Dream Camp (July 13 - 18, \$450)

At our Taylor Swift-themed camp, young campers will have the chance to dress up like their favorite Taylor Swift Eras and show off their style! They'll get creative by making friendship bracelets and learning fun Taylor Swift dances to some of her most popular songs. It's the perfect place to make new friends, have a blast, and feel like a superstar. You will still get to enjoy classic camp activities like singing, hiking, swimming, campfire cooking, and arts & crafts. **Campers will earn the Taylor Swift Specialty Badge.** 



### **Junior Summer Camp Sessions**

Click the title of each camp session to register for it. For events with multiple dates, please click the date you're interested in registering for, instead.

#### **Candy Camp (July 20 - 25, \$450)**

Welcome to Candy Camp where everything is sweet and full of surprises! Campers will dive into a world of sugary fun where you'll make and decorate your own cake, make chewing gum, yummy gummies, and fine chocolate creations. But wait! You will also market your creations, create a logo and advertisement slogan and sell it to your fellow campers. Along with all the sugary fun, campers will enjoy traditional camp activities like swimming, hiking, and arts & crafts with a candy twist. It's a candy-coated experience where creativity, friendship, and fun are always on the menu! Campers will earn the Sweet Shoppe Badge.

#### Seal Team Adventures (July 27 - Aug. 1, \$600)

Get introduced to the world of underwater obstacles and training with our Seal Team Adventures! All Aqua Missions are in the pool and highly supervised. Seal Team Members will complete Aqua Missions while learning and exploring underwater in the pool. Equipment (mask, fins, snorkel, BCD, cylinder, regulator, SPG, and alternate air source) will be provided for each Seal Team Member and they will receive a Seal Team Logbook and decals for each Aqua Mission they complete. When not training in the pool, campers will get to enjoy classic activities like hiking, crafts, singing, and cooking over the campfire. Campers must be confident swimmers underwater and able to tread water for 1 minute. **Refunds will not be given to campers who cannot pass the swim test.** 

#### Outdoor Cooks (Aug. 3 - 8, \$450)

Want to learn more about what it means to be a chef in nature? Spend the week practicing different outdoor cooking methods to create delicious snacks and meals. Work with your unit to develop a new recipe to try out. Campers will also take part in traditional camp activities such as swimming, creek stomping and arts & crafts. Campers will earn the Simple Meals Badge.

#### **Me and My Bestie (July 6 - 8, \$260)**

Try camp with your bestie by your side! Join in the fun of traditional camp activities during this mini session, including swimming, games, and crafts. Siblings, cousins, and friends ages 9-11 are welcome to attend. Register individually and list your bestie's name as your buddy. Fee is per camper. **Campers will earn the Social Butterfly Badge.** 



### **Cadette Summer Camp Sessions**

Click the title of each camp session to register for it. For events with multiple dates, please click the date you're interested in registering for, instead.

#### Cadette Explorers (June 22 - 24, \$260)

Enjoy your time relaxing in the forest at Camp Small Valley during this mini week! Take a break and make friendship bracelets, chill by the pool, nap in a hammock, and hang out with your new friends! **Campers will earn the Science of Happiness Badge.** 

#### Edge of Adventure Camp (<u>June 29 - July 4</u> | <u>July 20 - 25</u>, <u>Aug. 3 - 8</u>, \$450)

Are you ready to climb the climbing wall, experience the thrill of the giant swing, conquer your fears on our high-ropes course, and fly on the zip line? Then this is the camp for you! Campers will also take part in traditional camp activities such as swimming, creek stomping and arts & crafts. Campers must be 12 years old for the camp session to register for this camp. **Campers will earn the Climbing Adventure Badge.** 

#### Camp Scene Investigation (June 29 - July 4, \$450)

There's a mystery to be solved at Camp Small Valley! Put your problem-solving skills to the test and work towards solving the mystery with the help of forensic science. Learn to analyze fingerprints, extract DNA, and observe clues in your surroundings. During your time at camp, you will also get to try out archery, take a hike, go swimming and do art. **Campers will earn the Special Agent Badge.** 

#### **Camp Comic-Con (July 6 - 11, \$450)**

Channel your inner fan with this week of comics, books, TV shows, movies, and more! Learn about barrier-breaking comic artists and what it takes to make an awesome superhero. Make your own comic book, create and wear cosplay, and nerd out with your fellow campers over your favorite fictional stories and characters. During your time at camp, you will also get to try out archery, take a hike, go swimming and do art. **Campers will earn the Comic Artist Badge.** 

#### Swiftie Dream Camp (July 6 -11, \$450)

At our Taylor Swift-themed camp, young campers will have the chance to dress up like their favorite Taylor Swift Eras and show off their style! They'll get creative by making friendship bracelets and learning fun Taylor Swift dances to some of her most popular songs. It's the perfect place to make new friends, have a blast, and feel like a superstar. You will still get to enjoy classic camp activities like singing, hiking, swimming, campfire cooking, and arts & crafts. **Campers will earn the Taylor Swift Badge.** 

#### **Joy Society (July 13 - 18, \$450)**

Your mission: Spread as much joy as possible during your week at camp! Sharpen your skills in hilarity and delight as you and your team plan secret surprises. Will you charm the Brownies with an unexpected tea party? Impress the lunchtime crowd with a flash mob? Dazzle another cabin with sneaky decorations? In between missions, try your camp favorites like archery, arts & crafts, and swimming. **Campers will earn the Science of Happiness Badge.** 



## **Cadette Summer Camp Sessions**

Click the title of each camp session to register for it. For events with multiple dates, please click the date you're interested in registering for, instead.

#### **Discover SCUBA (July 13 - 18, \$600)**

Get ready to explore the world of SCUBA diving! Spend a few mornings at camp learning all about how to SCUBA dive and get to try it out in our pool. While underwater you will get to try obstacle courses and new games that you otherwise couldn't do without the SCUBA gear. This is a great program to try SCUBA for the first time without committing to a certification program. Campers must be very confident swimmers and able to swim underwater and tread water without using their hands for 1 minute. Refunds will not be given to campers who do not pass the swim test. **Campers will earn a SCUBA Badge.** 

#### **Aim, Shoot, Bullseye (July 20 - 25, \$450)**

Take aim, shoot, and score a bullseye in this week of archery! Whether you are new to archery or an experienced archer, we will visit the archery range every day to hone everyone's skills. Work with recurve and compound bows, play archery games, and learn to use and maintain bows and arrows. Show of your marksmanship at the end of the week in an archery tournament. When you are not perfecting your aim, try your camp favorites like hiking, arts & crafts, and swimming. **Campers will earn the Archery Badge.** 

#### **Moonlight Madness (July 27 - Aug. 1, \$450)**

Are you a night owl? Stay up until 2am to swim and hike at night, play glow-in-the-dark games, stargaze, and spend a night sleeping under the stars. Discover what comes out at night at Small Valley! Then sleep in and cook your own breakfast in your unit while giggling about all the fun you had. **Campers will earn the Night Owl Badge.** 

#### <u>Artful Adventures (Aug 3 - 9, \$450)</u>

Explore your creative side and make original outdoor art inspired by nature at camp. Plus, try reverse tiedye or woodworking! When you aren't creating a masterpiece, have fun with your favorite traditional camp activities like archery, swimming and hiking. **Campers will earn the Outdoor Art Explorer Badge.** 



### Senior/Ambassador Summer Camp Sessions

Click the title of each camp session to register for it. For events with multiple dates, please click the date you're interested in registering for, instead.

#### **Babysitter Club (June 22 - 24, \$260)**

Have you thought about starting your own babysitter business? Camp Small Valley wants to help! Join us for this mini week to earn your American Red Cross Babysitter Certification and learn about promoting your very own babysitter business. **Campers will earn their Red Cross Babysitter Certification.** 

#### CIT 1: Counselor in Training 1 (June 29 - July 4, \$450)

Get ready for an exciting adventure in the first level of CIT training! This program is designed for Girl Scouts entering 11th or 12th grade who are eager to develop the leadership and outdoor skills needed to be an amazing camp counselor. You'll work together with others to explore what makes a great leader and dive into fun, challenging group games that push you to think, grow, and lead with confidence. Throughout the training you'll challenge yourself, discover your unique leadership qualities, and learn how to inspire others. You'll also pick up valuable tips for working with younger campers and improving your overall leadership abilities. And don't worry - there will still be plenty of time to enjoy traditional camp activities such as swimming, outdoor cooking, and arts & crafts! Campers will earn the CIT I pin. An interview is required for admittance into this program.

#### CIT 2: Counselor in Training 2 (July 13 - 18, \$450)

Welcome to the second level of CIT training! If you're a Girl Scout entering 11th or 12th grade who has already completed CIT I, get ready for even more hands-on learning and leadership growth. This level is all about sharpening the skills you need to work with campers and become an even stronger part of the camp team! You'll dive into understanding camper behaviors, learn effective ways to manage them, and discover how to work together with staff to create a fun, safe, and supportive camp environment. As you continue to build your leadership abilities, you'll also get a deeper look into how camp operations run behind the scenes. Plus, this is the perfect opportunity to earn some awesome certifications! During your time at camp, you'll be certified in First Aid/CPR/AED and in archery - two skills that will make you even more prepared for a future job at camp. By the end of this week, you'll leave with more confidence, more knowledge, and even more excitement for your future as a camp counselor! **Campers will earn the CIT II pin.** *An interview is required for admittance into this program.* 

#### Courageous Climbers (July 27 - Aug. 1, \$450)

Spend your time tackling the ropes course, zip-line, giant swing, and rock wall! Build your teamwork skills on the low ropes and challenge yourself on the high ropes. When you're done climbing to new heights, relax with classic camp activities like archery, swimming, crafts, and science. **Campers will earn the Rock-Climbing Badge.** 

#### <u>Rocks & Rafts (August 3 - 8, \$700)</u>

If you are looking for a thrilling week of climbing on real rock formations, whitewater rafting and camping then look no further. Spend time out at Ohiopyle State Park for real rock climbing, adventurous whitewater rafting, hiking, exploring waterfalls, and camping. At the evening campouts, you will prepare dinners and share loads of laughs with friends under beautiful starlit skies. Some of the Small Valley favorites (swimming, songs, arts, and fun) are also included in this fantastic adventure program.

### **Frequently Asked Questions**

## Important: What level should I consider my Girl Scout to be when registering?

Be sure to register your camper for the Girl Scout level they will be in the fall of 2025, not what grade they are at the time of registration.

#### What is the capacity for each available summer camp session?

All camp sessions have limited spots and will be filled on a first-come, first-served basis, so be sure to secure your spot. A \$50 non-refundable deposit per camp session, per camper is required.

#### Where will my daughter sleep?

Sleeping arrangements at overnight camp vary. Accommodations available at Small Valley are platform tents, yurts, A-Frames, lodge, or cabins.

#### What are meals like?

There is nothing like activity and fresh air to make a camper hungry. Camp meals and snacks are healthy and kid friendly. We offer a vegetarian alternative at each meal. During breakfast, a cereal bar and fruit are available in addition to the main meal. During lunch and dinner, we offer a fresh salad bar as a supplement to the main meal. Most meals are prepared by our kitchen staff and eaten in the dining hall. Campers can cook at least twice with their unit (weather permitting). Specific dietary needs can be accommodated by contacting <a href="memberservices@gshpa.org">memberservices@gshpa.org</a> at least four weeks before the camp session.

#### Can my camper attend camp with a buddy or a friend?

Yes! During registration one buddy's name can be listed. Buddies must request each other and be registered for the same camp session to be paired together. We only accept groups of two to encourage girls to make new friends at camp.

**But what if I come alone?** Most girls come to camp without a buddy, so don't worry! You'll join a group of girls your own age who are excited about camp. Camp is a great place to make new friends!

#### Can my camper call home during the week?

We encourage independence and self-reliance during camp and as such, cell phones are not permitted. The camp director will contact caregivers if a camper has a medical problem, is excessively homesick or there is an emergency. Campers found with electronic devices including (but not exclusive to) cell phones, ipods, ipads, smart watches, etc. will have their devices taken and stored in the camp office until pick-up. Please discuss this with your daughter prior to camp.

#### What happens during storms?

Safety of our campers is our top priority, and our outdoor activities are dependent on the weather. Should we need to adjust activities due to unsafe weather conditions, your camper will enjoy activities that can be done indoors instead.





### **Frequently Asked Questions**

#### How does the camp handle health care?

There is a health center located at camp and staffed around the clock by a health care professional, who is certified in advanced first aid and CPR. Caregivers are always contacted at the earliest opportunity in the event of serious injury or illness during camp. Our camp has an ongoing relationship with a health care facility nearby for consultation and emergency medical services if needed.

### What should I do if my camper has complicated medical issues that requires more intensive care such as diabetes?

Please contact <u>memberservices@gshpa.org</u> prior to registration, so that we can discuss your camper's individual medical needs and what accommodations would be required.

#### Can I bring mail to camp, or do I mail it?

We highly recommend you hand-carry mail and leave it at check-in. Don't forget to put your camper's name, unit, and what day you would like the mail delivered. Mail is delivered to campers daily after lunch, during their rest hour.

#### What are kapers?

Kapers are chores; it is important in Girl Scouting to learn that everyone must do their share. Sharing the kapers helps keep the camp program site tidy and safe. Responsibilities are rotated among the campers and could include picking up litter, collecting firewood, helping in the kitchen, and cleaning bathrooms. Camp staff also participate in each of these activities.

#### Will my camper earn badges at camp?

Yes, the badge listed in the session description will be distributed during the check-out process.

#### Are electronics allowed at camp?

At Girl Scout camp, we believe we are visitors in the great outdoors. We live side-by-side with bugs, animals and nature in simple living accommodations. While campers are enjoying their day or overnight camp session, we require all campers to leave all electronics at home. We do not have phones or computers for the campers to use, as we want them to enjoy their experience while not being distracted. Any electronics that are brought to camp will be stored in the office until check-out.

#### Will my camper get to do everything at camp?

Campers will have the chance to enjoy the activities detailed in their session description. While we aim to provide a variety of experiences, if an activity isn't specifically mentioned, we can't guarantee participation, particularly for adventure elements.

#### Have additional questions?

Send an email to <u>memberservices@gshpa.org</u> with "Camp Questions" in the subject line.



### **Additional Summer Camp Information**

- ➤ Send pre-addressed and stamped envelopes, so your daughter can write home or to family and friends.
- ▶ Leave expensive clothing or other valuable items at home.
- ▶ Put your daughter's name on everything and pack light! She will be repacking herself to come home.
- ▶ Please let unit counselors know if your daughter regularly wets the bed. Pack needed supplies. Counselors can then be prepared to discreetly wash bedding/nightclothes.
- ▶ Bring separate towels for showering and swimming.
- ▶ Please don't tell your daughter she can call or go home if she gets homesick.
- ▶ There are no electrical outlets for the girls to use.
- ➤ Girls will be expected to clean up after themselves. Let them practice at home with simple chores.
- ▶ Be sure to pack a few extra changes of clothes-campers can get dirty and muddyand she may need a mid-day clothes change.
- ▶ Please complete all camp forms fully and well in advance so we can get to know your daughter. It will save time and frustration at check-in.
- ➤ There are more activities at camp than your girl will be able to participate in during her session. If she did not get to do all the activities she hoped, encourage her to look forward to next year.
- ▶ Please do not send your daughter to camp with a cell phone. Phones and other electronics are not allowed. Camp is an "unplugged" experience where girls are active and engaged face-to-face with others.







# girl scouts in the heart of pennsylvania

Resources provided in this camp guide are also available online at www.gshpa.org.

Contact our Member Services department for more information:

memberservices@gshpa.org (717) 233-1656